



The Ground Beneath Our Feet

Leslie McAdam

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So maybe I've been sheltered, but what a way to open up my eyes. Walking in on my new, allegedly "professional," man-mountain roommate doing the nasty with some woman.

Eye bleach. Please.

I've got enough to worry about with my new job in a new city, and even worse, my new health diagnosis.

So maybe my curves have gotten a little out of control. But If I can't escape my demons with cookies, I'm sure I can learn to cope. I've got a plan.

Go to work. Come home. Diet fiercely. Exercise religiously.

Don't pay any attention to that tattooed hottie with a bigger-than-life personality. He's just someone I found online, and I only need him to rent a room to me until I find my own place. After that, I can say goodbye to Dr. Michael Tate, the veterinarian, and his menagerie of animals.

And his secret side.

Except when you live with someone as magnetic as him, things go a little awry.

The Ground Beneath Our Feet Details

Date :

ISBN :

Author : Leslie McAdam

Format :

Genre : Romance, Contemporary Romance, Contemporary, New Adult, Sociology, Abuse

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From Reader Review The Ground Beneath Our Feet for online ebook

Jules says

This book was nothing but stellar, a whirlwind of emotions and a story which left me in tears. A book so raw, so real, so honest, while never over the top, I can only say it will stay with me for a long time to come.

With Jessica, the heroine, you get a woman who combines utter confidence and complete self-consciousness under one tough, but crumbling exterior.

Mikey, on the other hand, exudes strength, confidence, a larger-than-life personality and is seemingly invulnerable until his darker secrets are revealed.

They both are highly flawed, willful characters, but combined there is a spark that burns, unites, drives apart, that simply brings forth the most in them, the best, the brightest, the ugly, the tearful, the vulnerable; all the deep and heightened emotions.

Going through their story with them oftentimes reduced me to tears, before elating me with their sweetness, their strength, their humour and then brought me back to tears at their struggles, their vulnerability, their pasts shared and overcome.

Leslie's writing draws you in, it doesn't let you leave, or draw back or exclude yourself. You are forced to face the emotions with the exceptionally vivid characters and fight their battles with them, but you are also privy to their love, their funny quirks, all their accomplishments and sexy scenes. Her writing is never over the top, always down-to-earth, yet results in you flying high on a rush of emotions, the good, the bad, all of them, and leaves you full of life, questions and emotions, but mostly a grateful feeling to have been allowed to experience this story and this world.

Lastly, I can only say, this book matters. Yes, it is sexy. Yes, it is damn hot. Yes, it is sweet and yes, it is funny at times. But really, this book is so much more. It's more than just any romance/smut, with hot scenes. It is more than just the usual characters with some flaws who have to overcome pasts. (Though it has all those things, too) No, this one, this one matters. It is important. It is vital. It isn't pretentious or boasting or boisterous. It simply is. Quiet, understated, letting the story speak for itself, which makes it all the better. And it simply is one that matters.

Steph says

5 deliciously voluptuous stars for THE GROUND BENEATH OUR FEET!

When Jessica Torres gets a job offer in Santa Barbara, she's very hesitant to leave her needy mama and established, if boring, life. In a wild moment, she decides to take it, and soon she's moving in with veterinarian, personal trainer and adrenaline junkie Mikey Tate. Their first meeting is a bit...awkward, but the two become fast friends and Jessica is able to convince him to help her lose weight.

Mikey is immediately smitten with the gorgeous, curvalicious Jessica, and wants nothing more than to help her feel good and confident in her own skin. With Mikey, Jessica finally comes into her own, for the first time feeling like a strong, desirable woman capable of capturing (and keeping) the attention of a sexy, funny

man. But the two of them both battle their own addictions, is it possible that they'll be good for each other in the long run?

I don't know how Leslie McAdam manages to give you...so much...in an book! THE GROUND BENEATH OUR FEET is the fourth offering in the Giving You... series, of which every single book is worth devouring. Usually I am NOT a fan of stories that focus on a woman's weight, however this was different and I can't pinpoint why. Jessica most certainly worried about her weight almost to the exclusion of everything else, but I absolutely loved that everyone in Jessica's life encouraged her, supported her and told her she was gorgeous as she was.

Mikey, even though the name drove me nuts, was simply fabulous. Sweet, sexy, dirty, passionate, messy, an adrenaline junkie who lived life balls to the wall (for his own reasons which are eventually exposed). In the end, this book is as much about Jessica learning to love herself as it was about learning to love Mikey. I can't wait for more from the incredibly talented Ms. McAdam!

Bottom Line: No OM/OW or sharing; condom use; no BDSM/kink; no sexual assault; no violence/murder. - See more at: <http://www.theromancereviews.com/view...>

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Maria says

I love romance novels. Reading them. Writing them. I love happy endings and, even more, the struggle to get there.

But some romances elevate the genre because they have important and meaningful themes and messages, so they deliver on so many different levels. The Ground Beneath Our Feet is definitely one of these books. It's sexy and romantic and beautiful; but it's also life-affirming, with these wonderful reminders about forgiveness and acceptance and the importance of loving yourself.

Mikey is sexy and sweet and strong and capable, but he's hiding a painful past. Jessica is successful and smart, but she's haunted by her childhood and doesn't think she's worthy of love. She doesn't even love herself.

Both characters have a journey to get to the point of accepting themselves, and as they fall in love and help one another, the story sparkles and glows.

This book deserves all the stars in the world!

Deb Markanton says

This book is beyond gorgeous! It's swoony romantic and sexy as hell. It's intense and touching. It's honest, and it's raw.

Jessica stole my heart! Her strength and determination to conquer a behavior pattern that's been her safety

net for years are truly inspirational. Accepting Mikey's help is a huge step for her. Guys like Mikey don't look twice at girls like Jessica. But that's where she's wrong. Mikey can barely keep his hands off of his beautiful new roommate. On the outside, it may appear he has his life together; he oozes confidence, compassion and sex appeal. But on the inside, there is a darkness that haunts him. Which is why agreeing to help her get her body in shape can lead to nothing more. He may damn well die from "Jessica exposure" in the process, though. She's everything he never knew he needed; delightfully shy and curious, witty, so much fun. And those luscious curves! I love that Jessica is as much of a life saver for Mikey as he is for her. At the heart of this beautiful story, Ms. McAdam brings to light our tendency to love, accept, and forgive others far easier than we love, accept, and forgive ourselves. Striving for balance, loving yourself and all of your imperfections will open up a new world.

Leslie McAdam is a spectacularly talented writer. The characters she creates, the stories they tell, the way they hand us their hearts... always resonate with me in some way. Each story in the *Giving You...* series teaches me something new about myself. The best part? Her stories touch my soul with healing hands. They have become my therapy when I need an infusion of self-confidence and a lesson in "stop being ridiculous and mean to yourself". *The Ground Beneath Our Feet* will stay with me for a very long time.

Joyce says

Can we ever be happy in our present, our future; if we don't slay the dragons of our past?

For Jessica and Mikey, this question becomes paramount to their blossoming relationship. Jessica, a beautiful, full figured attorney, finds herself on a revelatory journey toward self acceptance with Mikey by her side, a veterinarian built like a mountain with the past nipping at his own heels. This is not the story of a woman losing weight for a man, far from it. With the help of her friends, her family, her therapist, and her boyfriend- Jessica slowly learns she has to love herself before she can love someone else. While the constant refrain of "I can't I can't I can't I can't" is running through her head she continually proves to herself that she can. I loved Jessica's spirit and strength. And while helping Jessica gain confidence, Mikey makes a few discoveries of his own about making each breath count.

Pam Nelson says

4.5 The Ground Beneath Our Feet Stars

Mikey & Jessica

This story was fantastic; it is real and touching and makes you really think.

Books that you can relate to are the best kinds I think. I may not be able to relate to Mikey or what he is going through. But I sure can feel for everything he is dealing with. Him taking responsibility like he does makes me like him a whole heck of a lot. Also totally loved, that he was this big tattoo's fella who has this incredible heart for animals. Swoon!

Jessica is who I relate to, one she is curvy. CHECK.

She deals with her emotions by overeating. Now that I don't relate with. But her struggle is something I relate with CHECK.

But herself image, CHECK. That is something a LOT of women deal with and can relate too. We see ourselves or parts of our body that we need to be a shamed of. Who would want to love that, if we can't love ourselves?

I loved that even though it was a struggle Jessica fights through all the underlying issues. She really wants to get better mentally and physically, even if I personally think her body wasn't the problem.

I loved that Mikey saw Jessica for who she is and not for the size of her body.

If you have read any of Leslie's other books ... Will is my favorite... I can't help it, cowboys' need I say more. LMAO...

But Tor in this audiobook... SWOON... That voice... I am not a blusher, he made me blush! Ok ok... So I am a blusher but NOT from a voice! That deep, raspy maleness... Just Yeahhh...

Ok, and we need to talk about Charley now... I enjoyed all her female voices. From her Jessica's voice to her mom, to Cherry. Though sometimes the s's on the end of her words were getting to me.

Loved this book, Read it, Recommend it!

You don't have to like my review but its 100% my opinion, and I am allowed to have it.

Nicole Harley says

Absolutely loved this book!

TGBOF is the fourth book in the Giving You series and it does not disappoint! Like the other books in the series, Leslie writes characters that are very relatable.

Jessica and Mickey are people with their own personal demons that they need to overcome. Together, Jessica and Mickey help each other become the people they want to be. This book is their journey.

Shannon Moore says

Honestly, I was so angry after finishing this book I couldn't even review it. Basically it comes down to this: I was embarrassed and ashamed. The heroine here is obese and she goes on a weight loss journey with the help of her roommate hero (GQ, good looks, buff, *eye roll*, etc.)

Everyone keeps commenting with how the heroine was so strong and relate able but I'm sorry, I'm calling fucking bullshit. I've been in a very similar journey in my life. Once upon a time (2015), I decided I needed to make some major changes in my life and you know what I did? I made the damn changes. I didn't lie to myself and others. I didn't hide food to binge on. I didn't complain and blame my problems on everyone else because it obviously 'wasn't the heroine's fault she was so overweight'.

And after all of this for the heroine to bitch, complain, whine, fall apart, I was just embarrassed. When people look at me, do they think I did the same? This is not how everyone's weight loss journey goes! I know mine is also not the same for everyone but this was ridiculous. I lost 80lbs through gritting my teeth and dealing with my life. Don't make excuses, just do it. I'm embarrassed to even be compared to anyone who acts like this heroine, especially when we were in similar circumstances.

Who the hell hides Doritos in their best side table? :/

Drops mic, I'm out.

Peggy Lee (Reading Keeps Me Sane) says

I love the Giving You Series. I couldn't wait for the fourth installment, The Ground Beneath Our Feet and it did not disappoint! There are absolutely no words to describe for the cover. It's is sexy as sin. The story itself stirred up a million emotions. It pulled at my heart strings and left me content. It's a sexy, feel good-story with heart!

Jessica has made the decision to accept her dream job and move to Santa Barbara, even though she'll be leaving her mother and brothers behind. She finds a home to share with none other than Dr. Doolittle, aka Mikey the sexy Veterinarian. Mikey and Jessica's initial introduction is doozy. Jessica quickly classifies Mikey as a manwhore. Mikey is attracted to Jessica and ready to change his life by letting go of his booty calls. He slowly finds ways to sneak into Jessica's heart but will that be enough when he finally reveals his past?

Jessica and Mikey are flawed. They both have found unhealthy ways to escape the pain of their pasts. Their struggles are intense, raw and emotional. I loved every minute of this story. It's sexy and real. 5 Stars!

FunUndertheCovers says

Jessica is an attorney that has lived at home her whole life. When she is offered a new job, her dream job, she

decides to move out and take life by the horns. Her new roommate, Mikey, is not what she was expecting. He is sweet and kind and way too sexy for his own good. Will Mikey be able to help Jessica overcome her struggles in life?

What can I say about this book? Leslie has knocked this one out of the park. I absolutely loved every beautiful word that was written in this book. I can identify with Jessica because I have had a lot of the same struggles in my life that she faces. My heart went out to her with each obstacle she faced. Jessica is so loving and kind and so beautiful inside and out. I love how Mikey helps her see that. How he gently pushes her to try new things and see that there is true happiness out there. This book captivated me from the start and held me till the end. I laughed and I cried. My heart broke and then it healed again. This is an outstanding read that will grab you and not let go! 6 stars!!!!

Hanne says

Jessica gets the opportunity to start her dream job, but then she has to move to another city and leave her family behind. After some convincing of her best friend and her brothers, she accepts the job. Jessica then needs a place to stay and moves in with a man, Mikey. Mikey lives alone in a big house with lots of animals and he needs a roommate that doesn't mind his animals. He likes having Jessica as a roommate and loves to get to know her better. Mikey and Jessica become good friends and Mikey helps Jessica with several things.

I loved Jessica and Mikey. Mikey is a gentleman and a sweetheart. He's tall, dark and handsome, my favorite kind of man. He is also passionate, kind, caring, strong and so much more. Mikey adores animals and loves to work with them. He's attracted to Jessica from the start and he's always there for her. Jessica has a problem with her weight and is very determined to change. She does many things and is slowly succeeding. She's a much stronger woman at the end. I loved her mindset at the end. Jessica loves to help people and loves her job.

The first real meeting between Jessica and Mikey was definitely memorable. I wouldn't know how to react, but it would be probably the exact same way as Jessica did. I loved how Jessica and Mikey's relationship developed. They don't get together fast, because Jessica is insecure and Mikey gives her time. They are a beautiful, hot couple and they belong together.

The Ground Beneath Our Feet is the fourth book in the Giving You... series, but it's only my second book by Leslie McAdam. I loved it that there were no spoilers about the previous books, but the previous women appeared a lot and will become great friends with Jessica. They just accept her and help her deal with some things.

I listened to the audiobook and I loved it. I only pressed pause once and I totally lost track of time both times. I was enjoying the narrators and the story! I never got distracted. So good! This audiobook has great narrators. Mikey's voice was deep and hot, and it fits Mikey perfectly. Jessica's voice was also perfect. It sounded soft and caring. I also loved how the narrators have done the secondary characters.

Lina's Reviews ♡????????♡??Book Blog?? ♡????????♡ says

Title: The Ground Beneath Our Feet

Author: Leslie McAdam

Category: Romance

Series or Standalone: Standalone

POV: Dual

Plot: 4

Characters: 4

HEA: Not telling

This is my first book by this author and I loved it!!! She tackles a plot that might hit home for quite a few people and her characters felt real and honest.

What happens when a girl with low self esteem gets a new handsome roommate? Jessica has lived a sheltered life but she knows pain. When the opportunity to spread her wings arrives she decides to grasp it. She takes the job she has always dreamed of and she finds a house away from her mother and past.

Mikey is her gorgeous veterinarian roommate and he seems too perfect to be interested in a girl Jessica. But is that all Mikey really is? A manwhore that doesn't care? Jessica will soon find out that there is more to Mikey than just his dimpled smile.

Loved the story; Mikey is a dream boat. He is kind and sweet and simply amazing. He was my favorite. Jessica was not an easy character; I just wanted her to stop feeling sorry for herself and finally realize that you don't have to be perfect to be noticed, let alone loved. Still, I enjoyed her journey.

If you want a book with honest, imperfect characters and extra spice, then I recommend this one.

4 Stars

Sanaa ? Sanaa's Book Blog ? says

2.5-3 stars!

I wanted to try Leslie's book again because the previous one I tried wasn't a hit for me so I wanted to give it another chance just in case it would blow my mind. Because lately I've been in like the weirdest book funk.

But this wasn't for me and I really did wish it was. I just couldn't seem to keep my attention on it as much I wanted too.

An arc was provided in exchange for an honest review.

Aaly says

**** ARC kindly provided for an honest review. ****

5 stars!

Sometimes you read a book in one sitting and then at the end, words aren't enough to explain how much you loved it, how much the words moved you, how thrilling and fun it was, how the words hit you, how both of the characters' journey were reliable. I lived and floved Mikey and Jessica journey with all my heart.

Leslie McAdam provided a stunning package from the cover to the story, everything was efficient, straight to the guts and right in the feels.

Jessica's history tore me apart. Reading about how was her life broke my heart. Life isn't sunshine and rainbows for sure but I wasn't expecting this for this character. Just gripping. Her inner battles to fight her addictions were so hard and at times felt like I was really experiencing it, maybe it was on my heart but it was really troubling. The constant fight and her past literally put her in her shell, and this independent and so strong lady needed to shine.

Here comes Mikey, and it was love to me at first sight. Behind the good looks and self confidence hides a tortured soul, finding release in adrenaline. (Hot vet at day and parkour guy at night, is he real?) I would definitely say he had everything I loved in a book boyfriend, straightforward, charming, well damn sexy but real. He didn't pretend and living in the moment. A kindred spirit with such a beautiful soul. Behind the good and charming looks, I'd love to unravel this character, to see deeper, through his flaws.

The expression "Sparks will fly" suit perfectly to Mikey and Jessica, from the first encounter. Only Leslie McAdam could write scenes like this. (this moment will remain indelibly imprinted in my memory, well a certain part of Mikey)

This book was inspirational on so many levels, with the perfect blend of humor and emotion. Two tortured souls, so different but so well matched. I loved watching Jessica bloom. And I would definitely tackle hug Mikey.

The Ground Beneath Our Feet got it all, witty banter, humor, hot intercourse, and an incredible chemistry. I felt like flying and at the same time grounded. Mikey and Jessica's story was reliable, describing addictions with a disconcerting reality. No beating around the bush, never judging, just raw and scorching.

How the author can write at the same time something so deep and lighthearted? I'm still amazed. Just read the book and let yourself go. Take the leap!

Romazing Reader says

Inspired!!

This one book, a thousand feelings!!

A very sexy and very emotional story that's just so relatable and oh so moving! I instantly felt a special connection to Jessica and all of her struggles...she's my new bestie-book-girlfriend! And Mikey, the sexy veterinarian/parkour-god, became my hero; an unlikely hero, maybe, a broken hero, sure, but a very lovable and generous hero. Two beautiful people with that amazing spark...both a 'hot mess' in their own ways, but keeping each other grounded as best they can, one day at a time.

When I read this, it makes me feel so much...hope, joy and love, as Jessica and Mikey navigate towards self-forgiveness and finding their forever love connection like no other.

A big tackle-hug to Leslie McAdam...her writing always, always moves me, enlightens me, surprises me, and makes me smile in every one of her books...but she outshines herself in this beautiful story of overcoming addictions, discovering how to love yourself just as you are, and letting yourself feel deserving

of love from others...wow...it just warmed my heart and lifted my spirit, like nothing I have ever read before... I love love love this wonderful book! It's so romantic, so sexy and so meaningful all at the same time... A Gah-mazing Must Read!

**I voluntarily read and reviewed an arc of this book... And Then I went and Bought It!! Soooo Good!
