



# Breathless

*Leigh LaValle*

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## **Breathless** Leigh LaValle

A sassy new romance from a USA Today Bestselling Author...

After moving cross-country yet again, Hannah Roberts wants to put down roots in Colorado. She's sunk her life savings into a share of Bloom Yoga Studio, but the studio is losing money, and fast. The building is undergoing a messy, noisy renovation--and the hot carpenter in charge is distracting her yoga students in more ways than one. If Hannah can't talk the hard-bodied builder out of his power tools, she might as well kiss her dreams goodbye.

When Jake Marshall returned from Afghanistan, he brought back an injured knee and a lot of bad memories. He just wants to finish this renovation, rehab his knee, and head for Alaska to leave it all behind. A sexy yoga teacher doesn't fit into his plans. But when Hannah offers him private sessions in exchange for quiet hours—he's all in. He doesn't expect that while she's healing his knee, Hannah will poke at all his hidden wounds...and come dangerously close to breaking open his heart.

## **Breathless Details**

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Author : Leigh LaValle

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Genre : Romance, Contemporary Romance, Contemporary, War, Military Fiction, Health, Mental Health

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## **From Reader Review Breathless for online ebook**

### **Amy says**

I LOVE that the setting of this one was a yoga studio with a heroine who was a yoga teacher but not a 'typical' yoga practitioners. I really liked the characters - both the main characters and the side characters. There was some humor and quirkiness which I always appreciate in a romance. This was a very sweet romance that also had some substance around making a home for yourself and facing things head on. The pacing was great and I didn't want to put it down. I couldn't wait to see where the story was going. I definitely recommend this one and I'm looking forward to future novels in the series!

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### **Leigh LaValle says**

Thank you for stopping by! I had so much fun writing this book- I love yoga and I love hot guys. Jake, the hero, really stole my heart. I can't wait for you to meet him!

BREATHLESS is now available on Amazon and FREE on Kindle Unlimited  
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### **Chantelle Smith says**

Hannah Roberts wants nothing more than to lay her roots down in Colorado. After sinking her savings into a share of a yoga studio, she finally believes she has somewhere that is until the building starts to undergo a noisy and messy renovation so the studio is losing money and fast.

Things are made even harder when the hot carpenter in charge is distracting her and her yoga students in more ways than one. But if Hannah can't talk this hard-bodied builder away from his tools, then Hannah can kiss her dreams of laying down roots goodbye.

Coming back from Afghanistan Jake Marshall has brought back only bad memories and a painful injured knee. His next plan is get rehab for his knee, complete the renovation project he has devoted time to, and go to Alaska scale the mountain and leave everything else behind. But the sexy yoga teacher should never be a part of his plans. In exchange for some quiet hours in the yoga studio when renovations are going ahead Hannah offers him private sessions to help with his knee, but what Jake never expected was for Hannah to open up his wounds from the past and break open his heart in order for him to find love.

Breathless is book 1 in the Yoga in the City Series, from author Leigh LaValle and my first book from this author, and I cannot wait to see what other great stories I can read from this author, and what else she will bring to this series.

This book was a great read that I was unable to put down. The two characters in this book were captivating to read and I liked everything about them. I've been happy, sad, angry all while reading this book. There were times in this book that I couldn't believe how much Hannah fought the connection that they had with each other, and also how Jake could also give everything up so easily when he left. But I'm glad that over the short time they spent with each other these two trusted each other enough quickly that were able to reveal things about their past to each other, even no matter how hard it was for them, their connection made it too hard to hide it from each other.

I loved the chemistry that these two characters had, yes, they developed a connection really quickly, and it developed into something quicker than either of them thought but they were real. Their relationship was real, their connection was real, their trust was real, and I think that is what both of them needed at that point in their life. They broke down each other walls, especially Hannah breaking down Jake's and support him most when you could tell that he need it but they also helped build each other up and slowly help piece each other back together. I love reading their developing connection, I liked how each of them tried to keep themselves the same when being around each other, neither of them changed to impress the other which also made what they had so much more real. But what Hannah and Jake wasn't aware of was how much she was helping repair Jake and get him to understand that she can have it all and accept the past but live for the future. The humour in this book had me smiling on numerous occasions throughout the book with seeing their connection blossom and change, and how each of them had their quirky ways and witty comments. These two are defiantly an incredible couple as they each balance each other out, heal each other and have an undeniable connection inside and out.

This book also has some great secondary characters that I'd love to read their stories all of Hannah's yoga friends such as Crystal and Jennifer but also Jake's Cousin Brian. What are their stories and will they find the romance and happiness they all deserve?

Another great thing with this book, is that its written with Dual POV'S. I love reading the book this way as it really helps you connect with the characters and get their thoughts and feeling from them rather than someone else.

I absolutely loved Hannah's character, she was witty, funny, down to earth, real and determined. She really captures me the most in this story. Reading her history either with previous men or even her family life I was rooting for her through this book for her to finally find her true happiness and finally settle somewhere where she belonged. She was so realistic and encouraging and not only with her relationship with Jake but also in her friendship with the girls. She has definably made me want to give Yoga a go after this. I loved how she never changed herself to impress Jake and never forced him to face his past, but rather support and hold his pain with him.

Jake was the perfect male characters for this book and for Hannah's character. Jake was something dreams were made. Coming back from War, Jake changed his ways a lot. Always keeping on the move, scaling mountains to feel the mountains breathe he would always leave his life to do just that. Women have come and gone through his life and he always pre-warned women that it was a casual thing between them but he never expected the feelings that Hannah gave him. She gave him the breath that he gets when he is on top of a mountain peak she gives him the release to breath and be just him. She helps him deal with the pain of losing him comrades and brothers and helps him deal with the pain of his injury. Very quickly Jake feel for Hannah and what he felt was real and life changing and all for the better.

These two make a brilliant couple who I believe will be stronger together! I'm so glad they get a HEA, and I

can't wait to read Book 2 in these series to see if their story continues and who else's story gets told.

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## **Maria says**

"Received an Advance Reader Copy in exchange for a fair review"

This was an enjoyable read with a hero who blends strength and vulnerability, grumpiness and teasing.

Jake's hotness (he's Hottie McHotterson after all) has a flavor of something stereotyped, but his stoicism and tendency for self-flagellation balance it out.

Like in a romantic comedy there's lots of banter, humor and too much sex scenes; but also serious issues like grief, veterans PTSD and survivor's guilt.

I wasn't expecting to enjoy this story so much – the constant sexual innuendos and the language are a bit dull – but I liked Leigh LaValle's take on the wounded hero trope, Jake's "ravaged brokenness", the way he seeks healing in the mountains, as well as the yoga dimension and a heroine who is also a three-dimensional character.

I'm grateful to Xpresso Book Tours and NetGalley for providing a free copy

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## **Kayla says**

I've recently had the chance to read this novel through Netgalley.

Breathless is the first stand-alone novel in Leigh LaValle's series *Yoga in the City*.

There are so many good things I can say about this book - it was perfect in all the right ways.

Immediately upon starting the book we are sucked in. First we meet Hannah- a twenty-something yoga teacher scorned from a recent failed relationship who just moved to a new city hoping to start fresh and really find herself. Instantly, I was able to relate to her in many different ways - both clumsy, yoga, hiking, and relationship turmoil. Next, we meet hunky Jake Marshall as he runs in the save the day (literally), but he remains a mystery throughout most of the book. Right off the bat, we (as readers) know the two belong together with sparks flying in all directions. However, still healing from her last relationship and worried about her future, Hannah fights the attraction with all her might.

The first half of the novel Jake makes us all swoon and fall in love with his playful personality, and the second half makes us beg to trade places with Hannah - even just for a day.

LaValle has a way with words that makes us all fall in love, but there were some parts of the book that distracted me. First and foremost, Jake's personality and inner thoughts once he begins to open up can be off-putting. We don't really see his "true self" until about halfway through and then he comes off very crude and sexually driven - but maybe that's what true attraction does to a man. Also, keeping in mind the series is called *Yoga in the City*, there are some parts that contain strong yoga talk and though I do dabble in the practice myself, I found myself looking up some of the terms and poses so I could truly follow Hannah's thought process. So if LaValle had a hidden agenda to get all of her readers interested in the art of yoga - she has succeeded.

Breathless breaks all the rules of the romance novel stigma by including themes other than just love. The

novel talks about the grieving process and dealing with loss. It turns out, Jake Marshall is an American soldier home from Afghanistan after suffering debilitating injuries and witnessing his closest friends pass away. Being there and watching it happen is scarring in and of itself, but being the reason your closest friend has died is heart wrenching and all encompassing. Jake holds the blame and pushes those closest to him, believing it is all his fault. Though time keeps passing, he isn't able to move on and continue living life the way he used to. However, with the help and care from Hannah, he is able to come to terms with everything and look at it in a different way - he will never forget, but he will carry it with him without hindering him.

Ultimately, the novel was able to capture my attention and hold it strong throughout. It took me on an adventure to Boulder and made me fall head over heels with all the characters and not just those in the limelight. It gets a 4.5 rating from me, simply because of the incredible amounts of crude language throughout the second half of the book.

The description and cover drew me in, but the content was able to drive it all home. Leigh LaValle is a new author to me, but because of *Breathless* I may have to keep an eye open for the rest of her work.

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## **SUZAN C. says**

I have to begin by saying I haven't read a really good Contemporary Romance story in a long time and when I read *Breathless*, I was so glad to be a part of this blog tour. Leigh LaValle's *Breathless* is one of those books that leave you with a deliciously warm and happy feeling at the end. *Breathless* is a sweet, touching, and inspiring book filled with many funny dialogue and moments. The main characters, Hannah and Jake aren't your traditional couple but their struggle to find themselves and each other makes you hope to have a relationship like theirs. Love is never easy especially when you're trying to avoid it. And with Hannah and Jake, their relationship went from great to rocky to finally an ending that left me completely happy and satisfied. They are the couple that you want things to work out for them because they struggled so much between not wanting to be dependant to needing each other because of their independence.

Hannah Robert's life wasn't easy. She was raised by a single mom and left on her own when she was twenty years old. She struggled to live on her own and to essentially learn that she couldn't depend on anyone else except herself. After failing at several romantic relationships, Hannah swore off men – especially hot and troublesome men like Jake Marshall. Jake was your quintessential golden boy, a man admired by many and adored by women. Hannah tried hard not to fall for his charms and persistence but sometimes love comes when you don't want to love.

Jake Marshall lived a meaningful life when he was younger. Talented and intelligent, his life literally spiraled out of control when the Afghanistan war left him bitter and scarred. He vowed never to fall short of his promise to his fallen soldiers and thus never letting anyone get too close to his heart. But with Jake, love and acceptance were two of the main things he felt he didn't deserve yet ultimately found with Hannah. *Breathless* was an extremely well-written story that was so easy to read from beginning to end. I felt the struggle with these two characters and I cheered them on when they needed it. Not often do writers have that talent of letting you feel what the characters feel and be a part of their journey throughout the story. In *Breathless*, I felt like I was there with Hannah and Jake and cried, laughed, and felt the same frustrations as they did. Their journey in life wasn't easy yet when they both allowed themselves to accept each other, they realized that loving oneself first was the most important path to take.

*Breathless* was also such a funny read! Ms. LaVelle's words are comical, endearing, and straight forward. I instantly liked Hannah because of her own self-deprecation. She was a Yoga instructor yet didn't fall into the typical "yoga instructors" that you might see in Yoga studios and advertisements. She was beautiful inside and out and it was the love and desire from Jake that finally brought her out of her own fears.

And Jake. Sigh...he was described as a total hunk but with a heart of gold. Full of talent and bravery, Jake

was every woman's dream and desire. I loved Jake's character as well because he was fallible even with his good looks and charming personality. He felt real and genuine and although he didn't let anyone in close enough to see his true pain and guilt, he didn't let it hinder him from being a great person. Breathless will leave you breathless with wonder and fulfillment. You'll learn a lot of things about Yoga and climbing mountains and architecture. And in the end, you'll be happy and satisfied that Jake made the right choice and finally dealt through his pain and guilt. Thank you to Xpresso BookTours and Leigh LaValle for the ARC!

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## **Dani (Dani Reviews Things & Love in a time of Feminism) says**

### **Rating: 4.5 stars**

My my my. That was sexy. I mean, there was plot and character development and all that, but woow was the chemistry amazing. Leigh kept me wanting more between the characters while giving up a teeny bit of heat here and there so I could never relax. I craved more and more, so I was definitely on the same page as Jake and Hannah.

I really liked both characters. Jake was completely swoonworthy, and I loved how he had this rawness to him and could be both assertive as well as respecting Hannah and getting explicit consent. Hannah was super relatable in that while she was a yoga instructor, she defied the stereotype, loving junk food and soda. I could also relate to her need to maintain control over herself and her life. I have the same struggles, especially since my last relationship ended. Also, can I just say I'm not a yoga person, and I would really be into a yoga class for us normal people with chronic joint problems? Please, Hannah, come be my teacher. And the two of them also made me want to go hiking, so there's another health plus.

Even though there was clearly a physical connection between Jake and Hannah from the beginning, what really made this book special was how that slowly grew to something more, even though neither character planned to get emotionally attached, each for their own reason. The way they helped themselves and each other snuck up on us all a little. In fact, the way Hannah grew especially inspired me; she made me feel more empowered and zen-like as she was learning how to be these things herself.

I'm going to go out on a limb and guess that the rest of the series will follow the romantic pairings of the other girls? While they were introduced and each given a nuanced personality, Hannah still saw them as all super hippy yoga types. I know the stereotype, and I don't know how much I'd be able to relate to them. But then maybe that's the point? A book for each of them could show how they're not stereotypes, really dig into what makes each of them tick. In that case, maybe I should give the next book a try!

Anyway, do yourself a favour and pick up this book if you're looking for something electrifying and emotional (I teared up at the end) and, dare I say it, inspirational! This review was originally posted on Love in a time of Feminism

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## **Alice-Elizabeth (marriedtobooks) says**

I don't know about you but I absolutely love Yoga, I've found that it helps me to feel more relaxed and have some sort of control over daily goals I set myself every morning when I wake up. Breathless is the first book

in the Yoga in the City series including romance, emotional stories and... Yoga. In this book, we follow main characters Hannah and Jake. After a bad relationship break-up, Hannah arrives in Colorado, USA to set up a Yoga studio called Bloom. However, the studio is losing money fast and the noisy construction work on the building where the studio is housed is causing issues for students attending classes. The new landlord Jake, an Afghanistan veteran, is struggling with the ghosts of his past and tries to throw himself into the construction work to help take his mind off of things. With a knee injury, Hannah offers to help with 1 to 1 sessions but doing so could open up wounds for both of them that they are trying to heal closed.

Breathless was a steamy, fast-paced read in the beautiful Colorado settings. I have never been abroad personally but hearing the descriptions of the woods and mountain tracks, I am very interested to pack my bags and go for a hike! I don't normally read a lot of adult romances but felt Breathless was the perfect length and really opened up about the various Yoga positions which I may try myself (providing that I don't cause damage to my Mum's china plates!).

I'm excited to see where this series goes. If you are over 18 and love romances that are spicy, emotional and heart-breaking, look no further.

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### **Jamie says**

What a wonderful read! Yet again I was up 'til the wee hours because I had to finish this book before I could put myself to bed. I'm tired today, but it was so very worth it!

I adored quirky Hannah. There was so much about her to relate to. I don't even want to mention those things because I don't want to give away the fun of discovering how she unfolds and grows.

What a swoon-worthy hero we get in Jake. He's got one of those "the harder they fall" things going on. Sweet and tortured is a dangerous combination.

The dialogue was quality, and the internal monologue was funny. Infact there were a lot of laughs in this story (omg... the green thong bit ?)

This book is going on the favorites shelf for sure. I'm excited to read more books in this series.

Oh! And DO download the bonus epilogue. It's really short, but it totally put a happy smile on my face ?

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### **Sarah says**

I really wanted to like this story. A spicy contemporary romance set in a yoga studio? Yes please, sign me up. I do seem to be in the minority with this one as it has some high ratings on Goodreads, but there were just some things in this book that bothered me. Let's get to those first, then we can get on to what I did like.

First off, there were the constant mentions right from the beginning how Hannah was a 'curvy' girl. In the opening scene when Jake has to carry her out of the woods due to her sprained ankle (and lets not get into the fact that she went hiking in tennis shoes with no proper equipment) and she thinks she is so heavy that he is going to pull out his back. I'm all for curvy girls in books, I want to see more of that! But then later on we find out she's a size 6? That's on the smaller size (in comparison to the average women).

I also found the story to be a little long, and it felt like it took forever for Hannah to finally agree to go on a date with Jake. I mean, I am all for a good slow burn romance but when half the book is over before they even go out, its a little too slow for me. Also Hannah's expectations from Jake. He was honest right from the start that he had no interest in a relationship, so she shouldn't have been angry with him when the



relationship ended.

Ok, so what did I like. Like I said at the beginning, I loved that it was set in a yoga studio and I loved that Hannah was not the new-age stereotypical yoga instructor. She was not zen, she loved her diet cokes but was still great at what she did.

This was also a really well written book, and I adored Jake as our hero. He really made this book for me.

Rating: 3 Stars

Sensuality Level: Sizzling

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## **Darlena Falcone says**

\*\*\*\*\* 5 Stars \*\*\*\*\*

Breathless by Leigh LaValle is the first book in the Yoga in the City series.

Breathless left me breathless. Leigh LaValle delivered on romance, comedy, hot and steamy scenes, as well as touched on important issues such as PTSD, wounded warriors, survivors and chronic pain sufferers.

Although written in two different points of views, it was easy to follow back and forth. The story flowed from one perspective to the next. I liked that the characters felt down to earth and relatable. Their chemistry was intoxicating, on fire, passionate, but also sweet.

I loved this book and I laughed and cried with this book. Although the book had a slow start, I could not put it down until I finished it. I am anxiously waiting for the second book in the series, Reckless.

Breathless is set in beautiful Boulder, Colorado. Boulder is set in the foothills of the Rocky Mountains. Hannah Roberts has moved across the country, running from everything in her past, to put down roots in this colorful city. Hannah had sworn off men, especially those who have the power to take away her financial stability. She invested everything she had into Bloom Studio, a new investment with three other yoga instructors. But it may end up failing like everything else in her life, especially if these pesky renovations don't hurry up and end soon. Jake Marshall is the local war hero of the town, part owner of the construction/architecture company doing the renovations, part owner of the building, and extreme mountain climber. He will do anything to not have to face what happened in Afghanistan, too many nightmares and an injured knee. He's in a rush to rehab his injured knee so he can face the Alaska Mountain Range. That was the plan until he met Hannah while hiking one day. Hannah made him feel alive again, he made her feel a

fire inside her she didn't know was there. They leave each other breathless.

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## **Kathy says**

I was excited for this one because it has a yoga studio for the setting. Ended up skimming/skipping portions because the content is too adult. That makes it hard for me to rate this because I liked the setting and storyline but was turned off by the graphic content and language.

Content: ADULT - multiple uses of the f word and graphic sex, crudeness

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## **Romance Rehab says**

All reviews originally posted on the blog: <http://www.romancerehab.com/>

There's some good stuff here, and some stuff that irks the bejesus out of me. So, let's start with the good, shall we?

Here we go:

1. It's well-written. No annoying bursts of dialogue that don't feel authentic. No silly typos and grammatical errors to pull me out of the story. The pacing is nice. There's lots of sexual tension, which is a huge plus in any romance novel.
2. I love that the heroine is a yoga instructor who isn't all new-agey and eating kale salads all the time. She was just a regular gal who happened to really like yoga.
3. Jake was a great hero. He was a little broken and damaged, but didn't let his past trauma and PTSD turn him into a reclusive jerk. He still managed to successfully live a fairly normal life, and I found that admirable.

Now for the irksome bits:

1. Girls who go out hiking in the woods alone, with no first aid kit, no survival gear, and no way to get help if they're hurt kind of deserve what they get. We hate TSTL heroines here at Romance Rehab.

2. There were multiple mentions early on about how “curvy” Hannah is, and how she’s not your typical stick-thin yoga gal. She was even concerned that she was too heavy for Jake to be carrying around after she hurt her ankle. It’s revealed later on that Hannah is a size 6. That’s small, folks. Even if she has boobs and a butt that are slightly larger than proportional on her frame, she’s still a tiny little thing that big strong Jake probably could have carried around all day, even with his bum knee. I can see gals who are actually curvy in the reading audience getting slightly PO’d anytime they read about this size 6 yoga girl thinking she’s anything but a tiny little thing.

3. I HATE the “I’ve been hurt before so I’m on a dating hiatus and I can’t go out with you” trope. I’ve seen sooooo many romance heroines who resist dating perfect guys because they’ve been hurt in the past. Hannah took it one step further in this story by making actual lists of reasons why she shouldn’t date Jake, most of which stemmed from her own insecurities and past hangups. It was annoying. A strong, confident heroine would’ve latched onto Jake immediately and thrown caution to the wind.

4. Jake was honest with Hannah from the start. He didn’t want a relationship. He wanted to spend time with her, get to know her, and have fun. If she wasn’t OK with that, she never should’ve gone out with him in the first place. She had no right to get mad at him when, at the end of their time together, he didn’t want to get married and adopt a dog. Again, a strong, confident heroine would’ve taken whatever she wanted from Jake and not gotten all weepy when he walked away, because she would’ve been expecting it (since he, you know, TOLD HER AS MUCH).

5. Hannah resisted a date with Jake for 50% of the book. 50%!!! That felt like a REALLY long time to me.

Irksome moments aside, I’ve definitely read worse. Lovers of sexy mountain men and angsty will they/won’t they romances would probably still like this one, even if it didn’t resonate strongly with me.

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## **Kendra says**

Full review appeared on Reader's Edyn on 10/26/17

Hannah Roberts is one hot mess. She tends to get way too attached to guys way too soon and then they find out. Like the time she put money down on a wedding dress after just a couple of dates ... yeah. So when a sexy ‘mountain man’ appears out of nowhere on a trail and rescues her, it’s no surprise when she continue to fantasize about him. Fantasy is all it will be though because she doesn’t know how to find him again and she shouldn’t anyway. She’s just starting to crawl back from losing everything and she won’t go there again. When she unexpectedly runs in to him, she’s decided to stay away from him. Bad news is all she can get up to with a guy around and that’s what he is. He even steals her news story as soon as they meet – meet for the second time, that is. But Jake has demons of his own and Hannah’s secret recipe of crazy and sexy is exactly the right combination for him.

Jake Marshall accidentally scares Hannah when he finds her injured on a trail. He immediately likes her, but he’s a one-night kind of guy. No future with him as damaged as he is anyway. He came back home a hero, but he doesn’t feel anything like it. Plagued by constant pain following several surgeries to repair his leg from an IED attack, he’s learned to push through it all and throw up his brilliant smile to the world. Walking in to Hannah’s yoga studio and having her temp him to distraction was not part of the plan. She keeps refusing him, but he’s going to make her say yes to a date – and more. Except when she finally relents and things progress – despite their temporary time frame – temporary might not be enough for her. Good luck

convincing Jake of that.

This book was a pretty good read. I haven't read Ms. LaValle before, but I was intrigued by the blurb of this book. I enjoyed the depth of the characters and that each was flawed in their own ways. I wouldn't say they exactly complimented each other with those flaws, but neither minded the other's issues and in some instances viewed them as cute or quirky, furthering their attraction. Hannah has a stubborn streak and it ended up being a huge asset both in charming Jake further and pulling him out of his own misery. And while Hannah may seem like a nut to some with her odd --- almost obsessive ... stalker in some cases ---- behaviors, Jake just fell for her even harder. Ironically, in the end, their own problems are what help them find themselves and each other.

The secondary characters really didn't connect in any way until later in the book. Hannah seems like more of a cast out than a business partner initially – and it ultimately ends up being her own fault for not being included. Once she starts to connect with her friends, then the reader does as well. And the situation was almost the same with Jake's partner/cousin. I kind of didn't care for him, but once he was explained a bit more, he was an OK guy. I can't say that I have ever experienced such a 180 with secondary character like that before.

I don't know crap about Yoga, so please don't ask me about any of those accuracies. However, the tie between Jake's injury/recovery and Hannah's Yoga sessions were a nice way to bring them closer. This book is part of a series entitled Yoga in the City, which I assume involves the other 3 of Hannah's friends. Having finally found a connection with them, I would likely read the rest of the series. Overall, you can't help but root for Jake and Hannah. Poor Jake is so lost in his grief and guilt that he almost doesn't realize what he is doing by taking so many risks, even though he does. Like, he gets why he does it, but he loses sight of what it is and what it could cost him. And Hannah in all her over-the-top, Yoga pants, green smoothie hating, soda pop loving, junk food addict – God love her, you can't stop yourself from liking her. This is almost a second-chance love story with possibly one of the most opposite couples I have read about – but it is a love story above all. And if love can't conquer all, then what can? If Hannah and Jake with an HEA sounds like your kind of read, then don't hesitate. Get your own copy. You won't regret it. If that isn't enough, think hot army guy meets cute Yoga girl (who loves junk food) with undeniable sexual magnetism. You're welcome.

Kindle version provided by XpressoBookTours/Author in exchange for an honest review.

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## **Bobbi Wagner says**

Breathless (Yoga in the City Book 1) by Leigh LaValle is the first book in her Yoga in the City series. This story is full of emotions that will take you on a roller coaster ride from laughter to sadness. This is my first story by this author and I fully enjoyed this sweet romance. She has great writing skills and the development of her characters are true to life. This story will keep you engaged until the end and leave you wanting more. You will enjoy how this author has created characters that pop right off the page and into your heart. These characters build a slow romance that is about healing, lasting friendship and finding love even if life is trying to take you in two different directions. Find out what happens when these two find themselves in a breathless relationship.

Hannah Roberts has picked up and moved across country to Colorado. She has decided to put all of her savings into shares of a yoga studio. The only problem is that the studio is losing money fast. The building that her yoga business is located in has started renovations and along with those renovations comes the hot

carpenter. Will she be able to talk him out of his power tools before she has to kiss her dreams away?

Jake Marshall has come back from Afghanistan with an injured knee and a lot of bad memories. He is focused on finishing this renovation, rehabbing his knee and going to Alaska, leaving all of it behind. She doesn't fit into his plans. What will happen when she offers him private yoga sessions in exchange for some quiet hours? Will he get more than he expected? Will she heal more than just his knee? Will she open up old wounds and how will he deal with it?

Hannah and Jake's relationship is one that they are both attracted to each other. One will jump in with two feet and the other one fights the attraction. He keeps asking her out and she keeps saying no, will she say yes one time? They are the definition of passion, they are sweet and they will make you fall in love with them. These are two strong characters that each have their own pasts and demons that they have to deal with. Hannah is running from a past and bad relationships but I give her a lot of credit for coming as far as she has. She is determined and she just needs to admit that there is an attraction between her and Jake. Jake is the alpha male that is hot and sexy. He is determined to get her to go out with him and he is pretty well be willing to do anything to get her to say yes. Together they really do make the story flow until the end which makes this story easy to read. This story gives hope that there is true love out there if you are willing to compromise when you need to. Will these two learn to compromise so that they can have a chance at a relationship? What will happen to these two when life takes them in two different directions, will they find a way to have a relationship? Find out what happens to these two as they learn to heal from their pasts and learn what compromise means?

This is my first story by Leigh LaValle and I know it won't be the last. I can't wait to see what she will have for us next in this series. Leigh lives with her family in Montana. When she is not busy chasing kids, housework she is trying to steal away time to write. She would rather sleep than sleep and can't imagine what a life would be like without writing. You will enjoy how fast paced this story is. I had a hard time putting this book down. This story will keep you engaged until the end. You will want to see what happens on the next page. I highly recommend this book as I know you will want to see what passion and sweet romance is.

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