



## **Power of an Hour: Business and Life Mastery in One Hour a Week**

*Dave Lakhani*

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Praise for The Power of an Hour

"The master at getting what you want from others now tells us how to get what we want from ourselves! This is really a great book, and I recommend it highly-for you, for your team, and for your children."

-Bob Burg, author, *Endless Referrals*

"If you want to make predictable, systematic change in your life or your business, buy this book. Each chapter is a stand-alone system that results in powerful change . . . fast."

-David Hancock, The Entrepreneurial Publisher, CEO, Morgan James Publishing

"Dave's methods helped me take my business from \$0 to \$10 million in sales. If you're a creative business owner who wants total focus and massive success, run, don't walk, and get this book!"

-Stephanie Frank, author, *The Accidental Millionaire*

"The Power of an Hour is a mighty powerful way to sort out your finances by first sorting out yourself!"

-Mark Joyner, #1 bestselling author, *The Irresistible Offer*

"The disease of the twenty-first century, no matter who you are or what you do, is Time Deficit Disorder. Dave Lakhani offers a brilliant solution in this book. Get it and take the cure-you'll be surprised how much better you feel!"

-David Garfinkel, author, *Customers on Demand*

## **Power of an Hour: Business and Life Mastery in One Hour a Week Details**

Date : Published May 19th 2006 by Wiley

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Author : Dave Lakhani

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## **From Reader Review Power of an Hour: Business and Life Mastery in One Hour a Week for online ebook**

### **Katie Newton says**

Some good tips and thinking questions but awfully specific. I was hoping more fire generic strategy for maximizing an hour.

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### **Thiru says**

How to use an one hour in a work

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### **Nancy says**

If you've never read a time management book, this is a great place to start. If you have, you'll be bored. There's nothing new hear, but t works as a great introduction to tactics of the masters. Or a brief refresher course in the tips you already knew, but forgot.

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### **Yeap Naw says**

Great tips to get you organized and focused on taking of business in any field

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### **Lori says**

I thought this was a great book. I listened to it on audio. After listening to it and applying some of the principles outlined in the book, I noticed more productivity in my everyday tasks both at home and at work.

It tells you how to be more productive in 45 minutes to an hour, it stresses the importance of networking, and it talks about how to grow your business through marketing, just to name a few.

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### **Fullfaun says**

I have to stop this CD frequently to write down the websites that he gives the reader.

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### **Michelle says**

The Power of an Hour is a good book for teaching out the basics of action planning and time management. The author breaks the book down into 18 different hours of focus to impact your business and your life. If you are looking for tips to get organized and impact your business, take a look at his tips. Can't hurt; might help.

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### **Chris Miller says**

I thought this book was okay. I didn't agree with everything the author suggested, but I did find some interesting info in some of the chapters. I was surprised by his recommendation to look long and hard at friendships and associates to see which relationships were value added to your life. This seemed a little cold at first. However, after thinking about it some, I have realized that I spend way too much time at work talking with acquaintances and listening to their problems, which means I have less time (and energy) to listen to my wife and kids. This means that I have been choosing people I hardly know over my own family. So I did learn an important lesson from this book, and I will be looking to make appropriate changes in my work and personal life moving forward.

I have read better personal development books than this one. However, I do believe there are good lessons in this book that someone can apply to improve their life.

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### **Waseem says**

At first judging by the title of this book I thought it must be about time management - however it turned out to be much more - far too much more!

I would give this 1 star but gave it 2 due to the sheer large amount of content and wealth of topics covered by the the author - I do respect he put a lot in...

However that is it's exact downfall - you can't just fit all THAT into one book? I couldn't decide ehT this group was about ... Time Management ... Sales and Marketing ... People Management... Self Help.... Negotiation ... Goal Setting ... Business Growth.... Customer Service... Damn! Getting tired writing it all out let alone listening to it as I did on audio - too much to the point you forget and get bored

Spread too thin to be an effective and memorable book let alone even being able to go through the mono tone text book kinda vibe I got

Anyone reading this agree or we where am coming from...?

To Our Continued Success!  
Waseem Mirza  
<http://www.WaseemMirza.net>

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**Jeff says**

This audio book and I got off to a bad start and I stopped it within the first chapter.

It's not you, it's probably me. Sorry it didn't work out.

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**Lori Grant says**

A should-read book on business life.

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**K's Corner says**

Yawn.

2 stars for the two principles that I thought could be of some value. Don't bother unless you are stuck in an island with no other book but this.

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**Stacey Moore says**

Use "fearsome focus" to make changes that have significant impact with minimal effort.

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**Jay says**

I found the equal measures of life and business discussion refreshing - it seems that usually books that try to cover both give cursory attention to one or the other, but this book dived deep into both sides. I listened to this on audio, and although I usually greatly dislike audio listening to books that are heavily dependent on lists, the narrative and stories of Power of an Hour played well in audio. I would suggest having the book handy as a reference if you do listen to audio, though, as you may want to do the exercises or to see the to-do lists the author comes up with. The lists are long and specific, but you can certainly make your own lists or approach these topics at different levels.

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**Charles says**

I found the book readable and quite interesting. That said, it isn't for everyone - mainly because it's basically a highly structured approach that (I feel) won't gel with everyone.

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