



Us: A User's Guide

Daniel L. Tocchini

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Daniel Tocchini shows how some basic changes in marital “conversation”—the way couples talk to themselves and each other—can literally transform relationships.

Veteran marriage coach Daniel L. Tocchini doesn't want to improve marriages. He wants to transform them. Drawing on personal experience and stories from couples he has coached, he offers practical guidance to move couples beyond communication tricks and gimmicks to help them truly understand "Us" for the first time—talking honestly, listening generously, tackling tricky issues, breaking out of ruts, and abandoning self-centered consumer thinking. Innovative, insightful, and thoroughly biblical, Tocchini's approach has helped thousands in his popular seminars. Whether a marriage is in deep trouble or just coasting along, it's time for Christian couples to read the User's Guide that God intended.

Us: A User's Guide Details

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Author : Daniel L. Tocchini

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Morgan Inman says

We can always be better

This book is great for different insights on how to better a marriage. No matter how good you think your marriage is you can always improve. I would HIGHLY recommend this book to every one.

Alana says

It was ok...not enough practical examples for me.

Richard Monyer says

This isn't just another marriage book. It's a user guide to discovery about yourself and gets down to some critical mindsets that could be sabotaging the quality of your relationship with your spouse. It's only for those who are seriously looking to change themselves and have a Kingdom-based marriage instead of a consumer-based marriage.

Nora St Laurent says

Daniel says, "We don't need to change, fix, or better the bad stuff about US: we need the kind of change we call transformation—changing how we view ourselves, our spouse and our marriage. In other words, the way you view your spouse or a particular situation you are in—will determine the quality of your life!" Wow! "Do you view one another as a product?"; consumerism can and does seep into marriage. We were born into it...it's everywhere. "A consumer views marriage as if it exists for individual fulfillment. If a spouse isn't being fulfilled, then that 'consumer' looks for another relationship or even falls into an addiction to fulfill their particular need—whether to look good, feel good, be right or be in control."

This book opened my eyes to many things about how we view relationships of any kind. I like how Daniel Tocchini writes. He keeps it simple and gives great examples from different couples he's counseled, so you get the point he's trying to make. He also writes dialogue between couples in order to show you that point. There are six powerful chapters in this book and each one has great exercises for you to do, then followed by an overview.

I really was touched by what this author had to say about how changing your point of view can change your world and those around you. This book will help you no matter what stage your marriage is in or how long you've been married. It's not about me—It's about US! I'm so thankful to have received a review copy of this book. It's a simple, but deep and thought provoking read. Daniel presents his information in a positive manner - one that is hopeful and not discouraging. I'll definitely be reading this again!

Disclosure of Material Connection:

I received a complimentary copy of this book from the publisher. I was not required to write a positive review. The opinions I have expressed are my own. I am disclosing this in accordance with the Federal Trade Commission's 16 CFR, Part 255 "Guides Concerning the Use of Endorsements and Testimonials in Advertising"

Nora St.Laurent

The Book Club Network www.bookfun.org

The Book Club Network blog www.psalm516.blogspot.com

Book Fun Magazine www.bookfunmagazine.com

Melissa says

My husband was out of town and I was angry with him when I read this book. By the time he returned, I was feeling much more loving and accepting.

Raquel Gomez says

Very helpful, different perspective - basically postulates the need to move from consumerism as a dating mentality to "othering"

Crystal says

When I started reading Us, I didn't know what to expect. To me the title alone promises big things and I think this book delivers. I had read a few chapters and already felt myself putting some of the things into practice. In fact I was stomping around angry at my husband last night for something I thought he did, then I read a chapter of us and realized I was assuming he did it and I was assuming I knew his motivation, when truthfully I did not. This is a big no-no and one of the habits that I need to change. Now my marriage is actual good - I mean we have our moments, but I think Us can really help us get closer and get closer to God.

Daniel Tocchini writing is easy to understand. He gives the habit or point he is talking about in the chapter, backs it up with Bible teaching and then usually uses a story from a couple who had this problem and worked through it. The chapters have really hit home with me and I see ways I can make a good marriage wonderful and keep it that way for our lives. And as the author points out - this is good for all involved, husband, wife and family.

The answers aren't all easy - they will take time to put into place but I think if I do a little at a time to try and change my thinking, this book can really help improve our marriage. And it's not a dry marriage manual - it was actually hard to put down - I kept wanting to learn more and more about what Daniel himself has learned.

The book is put together well and whether your marriage is struggling a little or a lot, whether you are just married or married for 25 years, whether your blissfully happy or not, all married couples and couples contemplating marriage can use this book.

Jack says

This is a good book that talks about how to reframe conversations we have as married couples with an eye towards seeing the goal of our relationship honor God and reflect His glory. There are practical steps for each of us to engage in and a chance to review the results. This is much more than just another book aimed at helping us feel more guilty about where we fall short.
