



The Hands of the Buddha

Susan Brassfield Cogan

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This ancient book of Buddhist wisdom is older than the Bible. Rewritten in clear, clean modern language, the words of the Buddha will connect with the modern reader. The Dhammapada has been called the distilled essence of Buddhism. In 423 brief verses, said to be actual sayings from the Buddha himself, you will find inspiration and guidance.

The Hands of the Buddha Details

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From Reader Review The Hands of the Buddha for online ebook

Susan Cogan says

Full disclosure: I wrote this.

I spent an entire summer going through dozens of translations and finally found a really plain transliteration! What a find! I had such a good time with this I eventually realized I was getting attached to a book about nonattachment. So I gave it a final polish and let it go. For the time being it's .99 on Amazon (and everywhere else!)

Bruce says

Filled with simple truths that demand much meditation and mindfulness to grasp.

Carrie Ridgeway says

Wise words offered in a straightforward fashion. These verses remind me of Proverbs.

Brandy Hunt says

I've been reading this chapter by chapter for almost three months now, and I have to say it has been very deep and uniquely inspirational. I won't say it will bring you closer to either Karma or Dharma, but it did help with my own meditation practices. I can see rereading this again if I need some guidance on what to meditate on.

A_nyrican says

This free e-book succeeds in bringing a version of the Dhammapada to the masses in a language easy to understand and incorporate to every day living.

Taylor says

I'm not sure what to think... I tried out Barnes and Noble's Nook reader, this was a freebie. The author is apparently of the self-published variety. After reading this free little quickie and visiting the author's website, I'm not sure what to say about this one.

Bri says

Liked reading the different verses. Short and sweet!

Jd Guinn says

I read this some while ago when I first got my Nook. Not at all bad for a freebie. I maintain it in my library and find myself frequently referring back to it in times of stress; waiting in doctors offices, waiting for court, nothing to do at work. Due to it's verse like structure it is both easy to pick up and easy to put down. I can read a few passages and draw something from it without feeling like a need to finish a chapter or the book itself in one setting.

I am Cat? says

This piece, though very short and concise, is easy for any reader to understand. This modern interpretation of the Dhammapada is filled with riddles, analogies, and metaphors that make its lessons fun, easy to understand and apply to ones own life. Some parts are lyrical, inspirational, and touching. Others seem repetitive, though never dull. Personally, I believe this to be most befitting of someone who is familiar with Buddhism but enjoys the simple, quotable phrases to remind oneself to—well—behave! It would be wonderful if it was put into calendar format to see a phrase or two a day.

Adam Gutschenritter says

Read this in a single sitting. It was worth the read, even if just for the momentary thought provoking statements.

Elizabeth Olson says

As a curious non-Buddhist, open to wisdom from traditions other than my own, I enjoyed and found easy to understand this translation of the Dhammapada -- the Buddhist Dharma, or teaching -- said to be sayings of the Buddha himself.

Janet says

This was a great little book to read in short bits. Actually the entire book wasn't really very long at all. I enjoyed the sayings of Buddha. I don't know anything about the Buddha's sayings, but I hope this book is faithful to the original sayings.

Karla Joy says

Quick read! One that I will definitely return to again and again. Lots of ancient wisdom in a modern translation.

Emil says

This book was okay. I would have probably rated it better had I not first read the Dhammapada as translated by Glenn Wallis. Wallis was able to keep the poetic beauty of the Buddha's words. Cogan, on the other hand, was pretty straight forward, which may be appropriate for some but not for me.

Still, the basic message is clear. Be compassionate. Do not cling to material attachments. Help those who are in need.

Beautiful words.
