



Coloring Bird Mandalas: 30 Hand-drawn Designs for Mindful Relaxation

Wendy Piersall

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YOUR FAVORITE NEW HOBBY—COLORING FOR FUN AND RELAXATION—GETS AN AVIAN TWIST WITH THIS COLLECTION OF WHIMSICAL MANDALAS

Relax, focus, reach a higher state of mindfulness and simply enjoy yourself as you artistically fill in the intricate shapes. *Coloring Bird Mandalas* offers you an imaginative array of avian images, including:

- Toucans
- Flamingos
- Parrots
- Peacocks
- Hummingbirds
- Owls
- Finches

Coloring Bird Mandalas: 30 Hand-drawn Designs for Mindful Relaxation Details

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From Reader Review Coloring Bird Mandalas: 30 Hand-drawn Designs for Mindful Relaxation for online ebook

Marty Crosson says

Good coloring book -- the images are detailed enough to be relaxing, but not so tiny and intricate that they become tedious. My tween daughter has gotten into the habit of coloring one page each night before bed as a way to decompress.

Tim says

Coloring can be relaxing, help you focus, and is a peaceful fun way to unwind. This is the 6th book by this artist and has the same style of beautiful, intricate drawings as the others. Each page is made of thick, white, heavy-duty paper that won't bleed through or show indentations. The artist has created 30 birds that almost completely fill each page and offer a wide variety for the imagination to enjoy coloring.

This artist is my favorite when it comes to adult coloring books. I've looked through, and colored, multiple books and I always come back to these books. The books are easy to use when sitting down on a chair since they use such heavy paper. There is no need for a table or desk. The attention to detail is beautiful and allows me to create my own little work of art. I've used this while listening to presentations, as a way to relax, and while waiting for appointments. If you are looking for a good quality, detailed adult coloring book, I'd highly recommend this one. Well worth every penny.

I received this book free of charge in exchange for my honest review.

Emily says

I won this book in a giveaway in exchange for an honest opinion

I love this book! The mandalas are beautiful and not too intricate. The designs are only on one side of the page, and the pages seem to be of an alright thickness (though I haven't tried coloring with markers to see if it bleeds through). I can see myself coloring in this for many a happy hour. I would recommend this book. 5 out of 5 stars.
