



My Drunk Kitchen: A Guide to Eating, Drinking, and Going with Your Gut

Hannah Hart

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One day, lonely cubicle dweller and otherwise bored New York City transplant Hannah Hart decided to make a fake cooking show for a friend back home in California. She opened her laptop, pulled out some bread and cheese, and then, as one does, started drinking. The video was called "Butter Yo Sh*t" and online sensation *My Drunk Kitchen* was born.

My Drunk Kitchen (the book!) includes recipes, stories, color photographs, and tips and tricks to inspire your own adventures in tipsy cooking. Hannah offers cocktail recommendations, culinary advice (like, remember to turn off the oven when you go to bed), and shares never-before-seen recipes such as:

The Hartwich (Knowledge is ingenuity! Learn from the past!) Can Bake (Inventing things is hard! You don't have to start from scratch!) Latke Shotkes (Plan ahead to avoid a night of dread!) Tiny Sandwiches (Size doesn't matter! Aim to satisfy.) Saltine Nachos (It's not about resources! It's about being resourceful.) In the end, *My Drunk Kitchen* may not be your go-to guide for your next dinner party . . . but it will make you laugh and drink . . . I mean *think* . . . about life.

My Drunk Kitchen: A Guide to Eating, Drinking, and Going with Your Gut Details

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From Reader Review My Drunk Kitchen: A Guide to Eating, Drinking, and Going with Your Gut for online ebook

Adrienne Pettinelli says

"You think that a delicious jelly snack is ever crippled by self-doubt? Nope. And you shouldn't be either."

Ryan Dejonghe says

If you are looking for a serious, step-by-step cookbook: turn around now. If you are looking for light-hearted fun, lots of joking around, and insights on friendship: buy this book now.

For the uninitiated, Hannah Hart began her rise to kitchen stardom with the famously slurred words, "Hello, welcome to my drunk kitchen." We learned—while things were being dropped, burnt, and forgotten—how to make grilled cheese. But not just grilled cheese: grilled cheese with humor, fun, and entertainment. Here's that video:

<https://www.youtube.com/watch?v=vq7G-...>

Since then, Hannah has attracted millions of viewers, partnered with drunk celebrities, and raised money for charity. Now she has a book.

The question is, does the same fun cross over into book form? Yes! A thousand times yes. The book has lots of off-shoot narratives written by Hannah about the joys of friendship and having fun, all organized in neat categories around her food creations. There are tons and tons of full-color pictures with it all, plus cute comedic drawings and quotes. Every idea is followed by one of Hannah's Life Lessons.

For instance, one "recipe" in this book is Hannah's Pizzadilla. Ingredients are: tortillas, marinara sauce, cheese, and "tissues for everyone who starts to cry tears of joy when you bring this out to serve." The instructions basically say "cook until edible" in the oven, and there are five pictures of Hannah cooking this stove-top. You'll get the idea of how it blends together, and maybe you'll try it, maybe you'll come up with something different, but ultimately you'll laugh and enjoy the experience. (Hint: this is a great book to flip through with a friend next to you.)

Sometimes Hannah advocates getting frozen snacks from Trader Joe's, sometimes you won't even know what she's mixing together (such as the one where she's supposedly 'high'), and other times it is pretty cut and dry with what you have on hand. Every list of ingredients starts with Words of Wisdom and a suggested opening cocktail.

Here's a quote from Hannah, "Pro Tip: To learn more about things, read books or use the Internet." Okay, maybe you had to be there. Okay, maybe I should start a thing where I review books while drunk. Or not. We'll see.

Here's a quote she included from someone famous, "Drink because you are happy, but never because you are miserable." G.K. Chesterton said that in *Heretics*.

Bottom line: go into this having fun. You may learn some handy kitchen ideas (I sure did..yum, yum!), but you'll definitely walk away smiling.

By the way, thanks !t books for sending this to me for review. The book is GORGEOUS: hard bound, lots and lots of colors and pictures. This is something to experience with others. Oh, and this will be the last book printed under the name !t books: they're now going to be called Dey Street Book.

Bunny says

Being a fan of John Green, I had heard of Hannah Hart, but never went to Youtube to find out anything about her. I don't spend a lot of time on Youtube, and I didn't really know what her channel was about. But when I saw this available on Edelweiss, I really was excited to check it out. Plus I do love a good cookbook.

I'm disappointed. Not in the recipes, mind you. While they're intensely unconventional (and most aren't, in fact, real recipes), I actually did see a few that made me pause and think, "Ooh. That sounds good. And tasty." It may be the sleep deprivation I've been dealing with, though.

I feel about this book what I feel about most Youtube channels. One video may be insanely hilarious and delightful, but sitting and watching the entire channel all the way through is going to make your eyes glaze over. The idea of watching back-to-back Jenna Marbles videos makes me want death by paper cuts, and I frigging love some of her stuff.

This is the paper (or ebook, as it were) version of a Youtube channel. Not to be taken in one sitting. The further I got in, I stopped giggling out loud. I started rolling my eyes. If it wasn't a real recipe, I didn't want to be bothered reading the ingredients list (even though there were really awesome jokes still being mixed in).

The motivational bits were fun, and funny, and occasionally actually motivational and touching. But again, as with every cocktail listed in the book, moderation is needed.

I do think I would still like to own this book, and I would store it on my cookbook shelf. But I don't recommend picking it up and just reading it as a regular book. Don't chow, just nibble.

Sarah Woodard says

This book definitely had Hannah's voice that she has for My Drunk Kitchen, which made it really enjoyable for me. It started out more closely to a cook book, but slowly went to self-help and autobiographical advice. I found it to be a very funny and engaging read. I actually ended up reading it in one sitting. Overall, I think that if you like My Drunk Kitchen you will like this book. The same humor and understanding that Hannah has in her videos can be found in this book. If you haven't seen any of the videos, this book could lead you to wanting to read those next. Either way it is an engaging and fun read that deals with tough issues with many puns and encouragement.

FCC Notice: I received an e-galley from Edelweiss of this book

Dana Gisser says

I think my only problem with this book is that I really wanted the tiramisu without calling someplace (or going down to Presti's, which should be the place anyone in Cleveland goes for desserts). The book was great for laughs, and actually a few ideas of food despite the fact it's really a joke-cookbook. I don't actually watch Hannah Hart's youtube, and honestly I grabbed the book because John Green had written the forward, but I think I may check out her youtube too!

Mary says

In all fairness to the author, I would have to preface by saying I didn't GET this book, more than I did not like this book. As I understand she has a show on Youtube which I think would be funny to watch once or twice. But I thought this would be a cookbook of sorts. Instead it's about drinking while eating potato chips and waiting for your frozen lasagna to cook in the microwave. It's a book about being drunk and trying to manage your life, health, sex life...I found it weird, snarky and irritating. While I think it might be hilarious to watch a drunk woman staggering around her kitchen trying to make a PBJ, it just wasn't my kind of book.

Pamela says

Full disclosure: I had no idea what or who *My Drunk Kitchen* was before I picked up the book, but I noticed it on the Goodreads ballot for the best cookbook of the year. I figured that with a title like *My Drunk Kitchen*, it wouldn't be an actual cookbook, but something more along the lines of *I Like You: Hospitality Under the Influence* by Amy Sedaris.

I don't know if I'm not quite hipster enough, or not quite drunk enough, but I just didn't get this book.

I am always amazed at people's ability to keep up with what is in and what is out--particularly online. I use YouTube mainly for makeup tutorials, and sometimes I'll watch a few music videos, but I don't understand the appeal of vlogging. There's nothing wrong with it; I just don't feel compelled to watch people tell stories about their lives or talk about how difficult it is to apply self-tanner or something. I mean, I didn't even know John Green did Vlogbrothers with Hank Green until someone mentioned it at PLA this year. I'd been reading his books, but the online persona didn't even register. Green (the John, not the Hank) wrote the intro to *My Drunk Kitchen*.

This is a mild interruption in this review to point out that I am not a giant John Green fangirl. I don't send him poetry (long story) or messages or even comment on his tweets. I just like the books he writes. However, I've noticed a trend among some bloggers and bookish people to swing the opposite direction and Hate John Green for Everything. I believe this is because he is a cisgendered white male who is successful in his field. It's not someone's fault to be born the way they are, nor is it someone's fault to write a really good book about teens with cancer. Even if you hated *The Fault in Our Stars*, you have to admit that it really galvanized teens into reading realistic young adult fiction. That's a huge positive in my book. But I also don't make my book choices based on what John Green endorses or doesn't endorse. Okay? Okay.

So, back to *My Drunk Kitchen*. In 2011, Hannah Hart filmed herself cooking while drunk and uploaded it to YouTube. Because humans are weird, this suddenly became A Thing,

In the interest of research, and being unbiased and mildly informed and such, I went and I watched that episode on YouTube. I didn't find it funny. Maybe it gets better as you go?

Anyway, I guess Hannah is really funny on YouTube (?) and makes lots of puns (also missed that--how does one make an excellent pun while drunk?) and she does make some good points about Life In General.

Sometimes I feel like publishers go all Oprah on YouTubers: "You get a book deal and *you* get a book deal and *you* get a book deal!" Just because someone makes videos that other someones want to watch does not inherently mean that they are good writers or that it is necessary to redo their YouTube channel in print format.

As far as I can gather, *My Drunk Kitchen* isn't really about cooking. It's about dealing with stuff in your life and being drunk and also maybe eating a lot of weird "food" because of being drunk and/or dealing with stuff in your life. That's cool. That's also pretty much what the book is about. It should definitely be shelved in either self-help or comedy because it's not really a cookbook. Nor should it have been nominated for the "cookbook" award on Goodreads.

Oh, my gosh. I figured it out. I figured out why this book made me simultaneously bored and irritated. The publishers/YouTube community/rabid Hart fans are trying to make her The Voice of a Generation, kind of like Lena Dunham (whom I also do not find funny, just because I don't).

This is the part where everyone goes, "GASP! YOU HAVE NO TASTE! YOU HAVE NO SOUL! YOU NEANDERTHAL, YOU!" and I go, "Whatever," because I have so much better stuff to do with my time. I am tired of the cult of the YouTube celebrity and I am tired of people being called "celebrities" because people want to watch them give out life lessons or something. I don't get it and I don't care that you might not like that I don't get it.

I am going to crankily stomp off now and read another book.

Renee says

How this book received an average of 4 stars is beyond me. Proof that our attention spans have decreased with that of a flea and that glossy paged books, filled with artistically taken photographs and a handful of sentences printed on an angle is considered a good read. This book is filled with inspirational quotes that are not all that profound or interesting.

I have no problem drinking a glass of wine or a scotch while preparing meals for family or friends, but drunk Hannah's only philosophy of cooking is to not stress about cooking. Craving nachos but don't have the ingredients? No problemo, simply grab a handful of crackers, toss on some cheese, or canned soup or mayo, or whatever you have, have two shots (or three or four) of Tequila while doing so and call it a day. Your guests will just LOVE you for it! Sorry Hannah, I'd rather order out.

The attempt at humor was both cliché and boring.

Alyssa says

I much prefer My Drunk Kitchen in its original YouTube form. Hannah Hart is endearing in her videos and her drunk ramblings make me giggle--but drunk ramblings in a print book just means I have to read bad writing.

Heather says

Hannah's a big damn deal these days but she has managed to stay so grounded and true to herself despite her astronomical rise to fame. This book made me laugh out loud a lot and think thinky thoughts. I loved every page of it. I think you should pay your dollars for it because Hannah Hart works her ass off. None of what she's accomplished has come easy. And she's one of the good ones and I think we should all be supporting artists who are the good ones.

Angie says

I first found Hannah Hart when she was at John and Hank Green's Evening of Awesome at Carnegie Hall. I didn't know who she was, but I wanted to find out.

I found My Drunk Kitchen and watched the archive in one long sitting. I adore her puns, her open sexuality and her zany humor. Not only do we share last names (no relation), we're both gay, we enjoy John Green and we make nerdy word jokes.

This book is like an extended YouTube video only you don't think it's gone on too long. I laughed out loud at her goofy ass descriptions and appreciated the totally staged photo shoots. There were so many great lines in this book, I had to highlight and add smileys all over it. But a couple of my faves were "Brunch is where people go to complain about problems that aren't really problems." and when cooking, remember to have adult supervision "And by 'adult' I mean someone who isn't drunk. It can be your kid sister. too. She seems pretty responsible for a sixteen-year-old. I mean, she's always reading those YA books, so she must have learned a thing or two about life."

This is not a cookbook and there are not applicable recipes. But if you want a laugh or you're a Hannah Hart fan, this is a great pick for you.

Full disclosure: I received this book as an advanced reading copy from Edelweiss.

Maggie Baird says

I'm so proud of Hannah for publishing this book, since she is my number one favourite YouTuber and just a generally amazing person. I really liked the book, but I didn't like it as much as I'd hoped. I wish it was more focused on one idea. Each recipe is supposed to have a life lesson, and I wish she had spent more time connecting the recipes to the lesson, because that's really where I thought the book shone and had a really unique perspective. The sections where she just wrote without recipes stood out as much better than the other sections. Some of the lessons were very rushed and didn't make much sense. Still, it was a good read and I'm very happy that this book exists.

Kim G says

I am too old for this shit.

Rachel says

I read this to fill a space for non-fiction about food/drink. This was a difficult space for me to fill at all and I can only hope there's something out there better for someone else to pick up. I'm befuddled by the high ratings. Reading this book is like being the sole sober person at a party of drunks. The drunks are amusing at first, but within five minutes, they are just annoying and all you want to do is go home. None of the recipes are edible. I'm obviously not the intended audience, but I'm not sure I would have enjoyed this in my early 20s either.

Ashley says

After going viral and big in the world of YouTube, youtuber Hannah Hart is best known for her "My Drunk Kitchen" videos (which are hilarious!). Her book is full of recipes that turn into life stories and become a mess of happiness and laughter. You also get advice in everyday situations. This book will make you laugh and smile so read it!
