



## The Book of Shhh

*Lauren Oliver*

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## The Book of Shhh Lauren Oliver

A perfect companion to Lauren Oliver's bestselling Delirium trilogy, *The Book of Shhh* expands on excerpts included in the original series. Lauren Oliver delves deeper into the world created in the Delirium trilogy and provides fans with an in-depth look at the terrifying society that her characters live in. This free novella includes case studies, exercises, invocations, quotes, proverbs, and detailed information on *amor deliria nervosa*.

The *Book of Shhh*, or the *Safety, Health, and Happiness Handbook*, describes the perils of *amor deliria nervosa*. In today's society, thanks to the cure and its enforcement, our citizens are more productive and committed to their jobs, political organizations, and social impact than ever before. The following excerpts are meant to give portability to a small portion of its materials so that elements of its wisdom may be available for reference on the go.

Do not rely on the following excerpts to diagnose, treat, or address evidence of *amor deliria nervosa*. Should you believe that you or someone in your family might be infected, call the National Health Services hotline immediately, or seek the care of a professional physician at once.

## The Book of Shhh Details

Date : Published May 17th 2016 by HarperCollins

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Author : Lauren Oliver

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Genre : Young Adult, Science Fiction, Dystopia, Short Stories

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## **From Reader Review The Book of Shhh for online ebook**

### **Dave T says**

#### **Interesting read.**

Not exactly a riveting book but it gives an interesting insight into the author's imagination. Now I'm on to the trilogy for the second time.

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### **Jill booksandescape says**

The Book of Shhh by Lauren Oliver is a companion novella to the Delirium series by Lauren Oliver. This novella is the handbook that citizens are given to read and live by, and help protect everyone from getting infected with the 'disease' amor deliria nervosa in the Delirium series. This novella is very interesting because it shows how the society thinks it's doing the right thing by preventing love, but they are clearly not doing the right thing.

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### **Sacha Black says**

As a mega fan of Lauren Oliver, I loved reading this manual and getting a little more insight into her world building. Nice and short, its an awesome look at the dystopian aspects of their world.

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### **Hari ~Brekker-Maresh~ says**

OMG I'm dying.

If anyone asks, I blame Lauren Oliver 200%

Yes 200% cuz TWO new books in ONE YEAR???

Damn 2016 is gonna be excellent.

Lauren Oliver, what did I ever do to you but thank you, I love you and I would much rather die of anticipation for your two new books than.... Idk... A bullet to the brain.

I take it back, I'd rather die WHILE I read your books. Then I'd resurrect myself somehow and read the endings.

Also HELLLOOOOO people THIS. IS. BIG!! This is THE. BOOK. Omg I can't even bye.

I mean it's not even a WHOLE book exactly and damn it's already published but I'm still dying so yeah.

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## **Jessica says**

Entertaining! I liked reading more of the absurd rules of this dystopia.

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## **Tina says**

3.5 stars

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## **Erin Lynn says**

### **Interesting but Dull**

I was really excited when I heard that Lauren Oliver was writing a companion novella to her Delirium trilogy. I thought it would be fun to dive back into that world and see things through the eyes of the government.

It reads like it should, as a handbook. While it's interesting to see what is expected of people in the post-deliria world, it reads as a bit stuffy and dull. I know that if it were a real handbook meant to govern my life. I would make the same choice as Lena and leave.

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## **Amy says**

Nice context to the Delirium series but a bit on the short side.

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## **Kersi says**

while reading the introduction i expected way more, but it was still informing for knowing the world of 'delirium' a bit better

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## **Farith says**

### **2.5 stars.**

To be honest, I don't know what I was expecting from this book and for sure I didn't like it but I didn't hate it. It didn't give me anything new about the Delirium world.

Now, if you liked the Delirium trilogy, this novella might be for you, but it just didn't work for me. It's a matter of complete indifference to me.

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**Laylarenee says**

**As always...amazing**

Series WS amazing a d this too is nothing g short of awesome. Recommended to all I come close to.

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**Yhen Villas says**

**OHMYGOODNESS!!! THANK YOU, LAUREN OLIVER!!!! I NOW LOST THE ABILITY TO EVEN!!!!**

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**NayDoubleU says**

**Whoa**

This was a crazy easy read. I actually felt like it was a real booklet and I kept think it my God. Is this serious!? This definitely makes me want to read the actual series and I look forward to it

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**Peppermint says**

*The pen and the sword are as mighty as what motivates them. If it is amor deliria nervosa, both are weapons of mighty danger.*

I started reading this book 10 minutes after it was released. And I was not disappointed. Delirium is one of my favourite books and this was a wonderful short story that would have fit perfectly between the pages of the original trilogy. To be honest, I would have enjoyed this much more if it had been published around the same time as the Delirium trilogy. Despite that, this was amazing!

*Idle minds are deliria's playthings.*

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**Chesca says**

***"It kills you both when you have it, and when you don't."***

Revisit the world of Delirium through ***The Book of Shhh*** (Safety, Health, and Happiness), a companion to Lauren Oliver's *Delirium* trilogy.

This book is the basis of the law in the world of Delirium. It contains details about the cure and its procedure, and other important things related to the disease *Amor Deliria Nervosa* or ADN.

It is a must-have! If you've read Delirium or if you plan to read it, you should get a copy of this handbook. It will help you understand further how Lena's world viewed love and its effects on people. It is really interesting.

What will you find in this book? Basically, you'll find every sign or *symptom* of falling in love. The author must have researched on these and/or maybe experienced them herself because they are all legit.

*"A home should have no more than a dozen books on the shelves at any time, or else literacy begins to look like a desire to escape."* This quote is unacceptable to everyone of us. Agree?

*"Organization is the external sign of internal health."* So, yes, it kind of includes a few things on how to keep a sound mind and environment. Some parts look like a guide on how to keep your surrounding clean. They're kind of not related to love anymore but they make so much sense, and the author was able to cleverly relate them to ADN.

The guidelines on how parents should teach their children about certain things really are ways on how to scare the crap out of their kids. I think no parent in their right mind would do those things, unless they want the little ones to cry. It's disturbing, but honestly, it's kind of hilarious. (Okay, I think I shouldn't have said that.)

If a handbook like this was ever used to govern the people, I might be the first one to rebel. Everything seemed too organize for my liking! I now understand it more when the invalids called them zombies. People didn't want to feel hurt so the cure made them feel nothing! I think I couldn't last a day in their environment. It's so boring. How could they take that! Imagining myself under this government makes me feel itchy.

This is a really fun and meaningful read. I suddenly miss Lena, Alex, and Julian. Lauren Oliver has never failed me! Once again, she has created a masterpiece that will touch people's lives.

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