



Quit It

Marcia Byalick

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At a quick glance, Carrie looks just like everybody else in her seventh-grade class. She gets good grades, acts in school plays, kicks a pretty decent soccer ball, and is a sensational Game Boy champion. But watch her a little longer and Carrie looks very different. She shrugs her shoulder a little too often, jerks her head, coughs and sniffs in uncontrollable bursts. She has Tourette's syndrome. And at a time when all a kid wants to do is blend in with the crowd, she stands out like crazy.

From the Hardcover edition.

Quit It Details

Date : Published February 10th 2004 by Yearling (first published February 10th 2002)

ISBN : 9780440418658

Author : Marcia Byalick

Format : Paperback 176 pages

Genre : Realistic Fiction, Fiction, Young Adult, Childrens, Middle Grade, Novels

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Alex says

Quit It, a 176 page book written by Marcia Byalick. It's about a young girl in 7th grade who is just like every other girl feels very insecure due to her diagnosis of Tourette Syndrome. She does well at school, is decent at sports and acts in school plays however there is just one thing that tells apart from the other girls. She shrugs often, sniff's way to much and sneezes in uncontrollable bursts. All she wants to do is fit into the crowd and be like every other girl and have people she can go to when she needs them. Unfortunately I did not really like this book because it wasn't very intriguing, not a page turner and I didn't feel a connection to Carrie, the main character. Even though this is just my opinion Im sure many people will like it and it will open their eyes to the struggles many people have due to Tourette Syndrome.

Dasiy Anderson says

I thought this book was quite predictable, but it held my interest. This book wasn't anything special, but it was realistic. I thought Carrie was a one-sided character though. I would recommend this book and it is a good, quick, read.

Danella Virtue says

Very cute read about a girl who has Tourette's Syndrome. I tutored a girl who had Tourette's and it must be extremely challenging to deal with day to day activities. This book helped open my eyes a little more.

Maddy 11-12 says

This book was great! It makes you think about being in Carrie's position for a while and how hard it would be to have Torrette Syndrom. It's really inspiring to people who see someone and judge people from the first couple looks. It really keeps you thinking. It also does a great job of reminding yourself how important it is to keep all friendships. I recomend this book to anyone whos looking for a book to really keep them hooked on it!

Lorra Metko says

I have a student with Tourette's this year, so I asked our school librarian if there were any fictional books written on this theme. I learned some interesting information about the frustrations of living with Tourette's, especially trying to be a middle school student with Tourette's.

Lauren says

I read this book in seventh grade right after I was diagnosed with Tourette's. I'm in college now and this book's message still rings true as ever: people's differences make them special. It's cliched because it's true and few books share that message, to preteens, teens, and adults, better than this one. I picked it up thinking it was about a girl with Tourettes. It is. It's also about a rebellious but wise older sister, a phobic 12-year-old, a truly inspiration teacher, a bully with a tough home life, and everyone else in this world who has ever stood out. I doubt that there is a person on this earth who hasn't felt that way at least once in their lives. Don't just give this book to your teens with Tourettes or anxiety disorders. Give it to anyone who stands out from the crowd. Say to them, I admire you for that and hand them this book.

Krista the Krazy Kataloguer says

Ever wonder what it's like to have Tourette Syndrome?

Anna says

This is a book about a girl who has a disease called Tourette Syndrome, which basically means that she has uncontrollable tics. She learns who true friends really are, and learns that even though her tics make her different, she can still be the girl that she wants to be. Ms. Anderson is a great support to her, and is probably my favorite character.

This was an okay book because I didn't love the inappropriate things in it. There was some language and inappropriate flash back scenes

Ariana Estrada says

I really enjoyed this book! A Must Read!

It describes the life of a middle school girl & how she deals with Tourette Syndrome. Carrie doesn't have the support from her parents (i.e they ignore her disorder) which affects her.

Bobb says

I was diagnosed with Tourette Syndrome when I was in middle school. This book brought tears to my eyes on several occasions. I have found very little information on the author, but due to her accurate depictions of growing up with Tourette's, I would not be surprised if she had the condition herself. (The only inaccuracy I found in the book was that in order to be diagnosed with TS, you need to have motor and phonic tics for no less than one year...not a few months.) The relationship with her family really (sorry for the pun) hit close to home - due to how similar it was to my own situation. I am a middle school teacher, so the interactions between students was interesting to read and well done. This book is a must read for everyone with Tourette Syndrome, their family members, and every teacher who works with special needs students on any level. The

only thing that upset me about this book was that I did not read it in middle school when I was first diagnosed.

Heather says

This is a great fiction book that helps anyone put themselves in the shoes of someone who is challenged with turette syndrome. I would recommend it to everyone who is uncomfortable with not understanding how turette's effects people, or how to react. I think it educates how people with turette's are just like everyone else, they just have some ticks that at times they can't control.

Michelle says

I think it's sad how her friends dumped her just because she has the tourette syndrome. I just finished the book but I still don't know why it's called quit it. It was a happy ending because her parents started being normal around her and rebecca moved back to the city. really good book!

Elizabeth says

I really liked "Quit It" by Marcia Byalick. It is about a girl who has been diagnosed with Tourette's Syndrome and her struggles to live a "normal" life with healthy relationships. I would recommend it to all readers.

Claire says

An interesting insight to living with Tourette's Syndrome. As an aunt to a girl with Tourette's who refuses to acknowledge the fact she has it, I was keen to find out more. This book did not disappoint in that respect.

Cheyenne Howell says

I loved this book!!! Carrie is a young girl that has a condition that most of her peers or teachers don't understand, even her parents. She has Tourette Syndrome. This disorder causes Carrie to do things that brings her of great embarrassment. She will cough and snuffle uncontrollable, twitch her head, and shrug her shoulders. However, with the help of her school psychologist Ms. Anderson, she is able to be more comfortable with her disorder.

Ms. Anderson was an inspiration to me. Her character portrayed great patience, understanding, and care for all her students that she encountered. As a future teacher, this was a great book for me to read. It helped me see how to deal and be comforting to students with disorders and treat them as a normal student. This was a great read and I would recommended this book for future teachers, people with Tourettes, or anyone looking for a great read.

