



## **Disciplines of the Beautiful Woman**

*Anne Ortlund*

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## **Disciplines of the Beautiful Woman** Anne Ortlund

From managing a schedule to maintaining a wardrobe and everything in between, best-selling author Anne Ortlund offers a primer for cultivating beauty on the inside and on the outside. She seeks to answer both the "hows" and the "whys" of living beautifully.

## **Disciplines of the Beautiful Woman Details**

Date : Published June 15th 1984 by W Publishing Group (first published 1981)

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Author : Anne Ortlund

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## **From Reader Review Disciplines of the Beautiful Woman for online ebook**

### **Rochelle says**

Although this was written in 1984 Anne's principles still apply today and I got a lot out of this little book.

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### **Barbara says**

A beautiful book I wish I had read years ago when I first obtained it.

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### **Eva Yap-Todos says**

Loved this book! At my request last year a friend lent me several books on biblical womanhood and this was my favourite one. Practical. Personal examples. Fun and easy read.

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### **Mary Elizabeth says**

Regardless of when it was written, this book offers timeless wisdom because its simplicity is rooted (and points so faithfully back to) Scripture. I dogeared and highlighted several pages so that I can refer back.

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### **Lana says**

I really loved this book. It discusses beauty both inside and out but its wisdom goes so far beyond that and it's just great and timeless advice for Christian women about how to put God first in their life no matter where they find themselves. The author writes in a funny, down to earth way, but very warm like she is your friend and sitting right there with you. I know I will come back to it for sure!

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### **Vicki Barnes says**

A heartfelt, conversationally written book on a Christian woman's responsibilities. A tad outdated but its purpose spans a lifetime. Instructing you in your walk with God she gives examples of how we can accomplish more quiet time with Him. We are to support and encourage our husbands and lovingly disciple our children. She includes being well-dressed for our Savior, husband and self and keeping a notebook to keep your days from taking over your life. A very thought-provoking book that makes you pay more attention to detail on the seemingly minor things in life that are the basis for the major things, such as God and family. A definite keeper for the Christian woman to refer back to in times of reflection.

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**Vicki B says**

Changed my life 25+ years ago. Esp. the notebook ideas. Pre-Daytimer--Mrs. Ortlund was waaay ahead of her time! I love the beautiful picture of a helper to your husband, as well as personal development.

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**Mary A says**

I picked up this book at a local thrift store. While some of the particular advice in this book made me laugh because they seem like relics from the 70s (example: a list of things to do to be productive included napping on an "incline board" and getting your hair and nails done once a week), it became clear that in many ways Anne Ortlund is a much more godlier woman than I am and that it would behoove me to take her advice in the spirit in which it was intended! Her heart for discipleship is amazing and I would feel blessed to accomplish a 10th of what she did-- not to mention a life spent loving 3 generations of well-known Christians. For these reasons, I will be keeping this book on my shelf.

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**Trace says**

4.5 star rating.

Oh I just ADORED this little book! I loved the author's quirky and charming way of writing. It felt very much like she was chatting with me over a cup of tea - so warm hearted and motherly or older-sisterly :). Her style reminds me somewhat of Elizabeth George (A Woman After God's Own Heart).

I would have loved to have discovered this book earlier on in my Christian walk... I could have used a Titus 2 type of mentor/sister such as this author.

I had never heard of Anne Ortlund until reading this book - but in doing a bit of research on her - it seems as though she was adored by many and she was a mentor to many as well. Her marriage to her husband sounds like it was a real fairy-tale romance as well.

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**Jess says**

old fashioned.  
interesting but i don't agree with all of it.

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**Emily Parker says**

Love this book! Really inspired me in my marriage and home making life. My husband noticed a change as well.

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### **Christina says**

I wanted to like this book, I really did.

It seemed like the advice given was not really Biblical, and focused on making one's life better, but not to serve God.

The author had written this book while recovering from surgery, while on a luxury vacation, etc, so I had a hard time relating to her.

She also implied that if you work really hard, God will make your life easier.

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### **Karin Katherine says**

A treasure of a book for Christian women. Great biblical perspective. Easy to read and encouraging.

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### **Brenda says**

This was helpful to me when I read it but I think young women today would prefer something more contemporary such as Barbara Hughes book published in 2016 (same or very similar title)

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### **Stacy says**

While the word "discipline" is scary for many, this book reminds us that being disciplined is a good thing.

Anne Ortlund gives practical ideas for how to order one's days, the first being to read the Word, pray, and know the Lord more intimately. Others include keeping a notebook and calendar (and I thought the bullet journal idea was new! - granted, her's isn't quite a bullet journal, but it's a similar idea), minimizing your closet so everything can easily mix and match, and ordering your office area so that (almost) everything has a place. Some of the other things that are talked about is being in the body of Christ and being disciplined, discipling, meeting in small groups.

Some of the examples are a little dated, but this is a very easy read - it could probably be read in a weekend! - and I would definitely recommend it if you're just needing some encouragement and a little shove to start becoming more disciplined.

