



Set Your Voice Free: How To Get The Singing Or Speaking Voice You Want

Roger Love, Donna Frazier

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With innovative techniques and enjoyable exercises that have worked wonders with his professional clients, the internationally acclaimed vocal coach demonstrates how to carry a tune, expand vocal range, and speak with ease, confidence, and effectiveness. Illustrations.

Set Your Voice Free: How To Get The Singing Or Speaking Voice You Want Details

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Andrea says

I haven't read it all yet. One of those books I dip into when I have a quiet moment alone but so far I've found it very effective. I'm already feeling more confident about my warbling.

Tom Donaghey says

SET YOUR VOICE FREE by Roger Love is a self help book that really works. I was very skeptical at first, after all, how could a book teach me to use my voice better? But after reading through the book, coming back and doing the exercises, following all the recommendations and using his web site along with my own recorder, I was amazed at the results.

I recommend this book to anyone who can't actually have Mr. Love work with them in person. I know my church choir thanks him immensely for sanding out my rough edges.

Rachel says

Roger Love has created a guide for singers and speakers alike to assess and adjust the sound of their voices, with techniques for breathing, posture, and vocal exercises aimed at improving the quality and tone of the sound of your voice. The book references online examples and instructions to follow along with, which is helpful when you are able to access them. I received a copy of this book in a Goodreads Giveaway in exchange for a review.

Christopher Lawson says

You Need Access To Every Part Of Your Voice

I am familiar with the authors, and especially Roger's prior works on vocal training. I liked his prior works, so, I was curious to learn his latest tricks of the trade. In SET YOUR VOICE FREE, Roger Love emphasizes the importance of MIDDLE voice: "This incredible, little-recognized part of the voice, which I specialize in helping people strengthen, is responsible for bringing a new kind of power and ease to both speaking and singing."

To help the vocal student, there are separate audio tracks so that you can hear what middle voice sounds like, and experience for yourself what it feels like going into Middle voice. Roger explains: "I've found that by using singing exercises to help people improve the way they speak, I can make bigger leaps much more quickly than even a speech pathologist might."

I tried the audio exercises from the accompanying website. There are pretty simple--especially the earlier

exercises. In the vocal exercises, Roger contrasts Chest voice versus Middle, and also Head voice. He suggests just brief work-outs at first--don't overdo it! One of the key recommendations from Roger is to always RECORD your voice as you practice. For one thing, these recordings can help you see as you make progress.

The middle voice is not just for singers--speakers can also benefit: "Using the middle-voice exercises is a litmus test for speakers. When you are able to find middle and play with it, you can be assured that you are breathing in a way that will keep your voice strong and powerful."

After the singer is comfortable with middle voice, it's time to begin "blending" chest and head voice. The goal is to blend in the chest and head voice: "You'll eventually wind up at the Emerald City meeting the Wizard, which I define as having the perfect blend of chest and head to form absolute middle. "

Besides the exercise, the author includes a variety of other tips. If you are an experienced singer, you will likely already know these tips, but it's always good to hear good tips emphasized. Here's one funny (but valuable) tip: "The most important piece of advice I can give you if you want to get the maximum performance from your voice consists of three words: drink more water."

All in all, I found **SET YOUR VOICE FREE** to be an encouraging, useful book. I think it's probably best for beginner or intermediate singers. I really like the audio exercises that help me transition to Middle voice.

For those interested in further study of learning middle and head voice, here is my favorite work by the classic teacher, D.A. Clippinger:

<https://www.amazon.com/Voice-Other-Pr...>

Advance Review Copy courtesy of the publisher.

For more views like this, see: <https://www.bassocantor.com>

Bryan Smith says

I may still sound terrible, but I am one of the loudest people you will ever meet. Blame this book if you wish. For the experienced: Good breathing techniques and exercises, a few old wive's tales about mucous, and a lot of old standards.

Fatemeरman says

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Meghan says

This book contains lots of great advice for singers, but the advice is easily found everywhere on the internet, so this book is kind of unnecessary.

Tara Brabazon says

This is absolutely brilliant. Equally aimed at professional speakers and vocalists, the book offers a series of exercises to improve the voice. But further, the commentary is also clear about why a voice matters and its role in the development of a career.

Any career.

Superb. Read it. Change your life. Change your voice.

Russell says

The part on breathing is excellent (that's why my teacher recommended it): breathing and singing must be effortless! I learned one other important tip: drinking lots of water is very important for the voice. Also, switching between singing and speaking improves both singing and speaking. Otherwise, a lot of the exercises I'd seen before.

Russ says

Very solid advice.

Heidi The Hippie Reader says

Set Your Voice Free was page after page of life changing revelations to me. I picked this book up because I was trying to address a specific problem. When I speak in front of groups, nerves take over and I subconsciously close my throat, cutting off my air, making my voice weak, and losing my message in my process. I didn't know that was what I was doing until I read this book. I just thought that my voice changed, but I didn't know how or why. Roger has changed all that for me and I'm so excited to put his suggestions into practice.

A world class speech and singing coach, Roger has helped many famous and every day people find their voices. *"The most profound discovery I've made in the past fifteen years is this: If you know how to control the pitch, pace, tone, volume, and melody of your voice- the elements that form the core of this book- you can consciously use them to guide the emotions of your listeners and magnify the impact of every communication you have."* loc 85-109, ebook. He goes on to list countless exercises and examples of just that. A consummate teacher, Roger includes almost every vocal problem imaginable in *Set Your Voice Free* as well as situations in which one would need to put her best voice forward.

Like visual impact, Roger tells us that audiences form their opinions about speakers and singers quickly, taking only one second of vocalizing to come to their conclusions. So, he says, you want to utilize that fleeting moment to make the best impression that you can. It all starts with the breath: *"The magic that I*

work with voices is built on a fundamental rhythm: the movements of the body as you inhale and exhale. Breathing smoothly and deeply works wonders for the body in general. ... Once you learn to breathe as calmly and steadily as a child does, you are on your way to fabulous vocal reaches." loc 808, ebook. Intellectually, I knew how breathing worked and, demonstrably, I've been breathing my whole life, but Roger gave me a complete education about what deep breathing FEELS and SOUNDS like. I can see how this book could be life changing for readers as it has been for me.

In addition to vocal exercises, Roger includes stage and bodily movement, mixing them with the voice to create the total package. *"All stage movement can be reduced to a simple pattern, and when you know how to use it, you can simply and effectively maneuver in front of any audience anywhere.*" loc 3270, ebook. Performers and speakers all types will find information worth knowing in this book. *"When you begin to put yourself and your ideas clearly and thoughtfully into the world, with all the energy you feel, people will notice. Their new attention and interest may make you feel self-conscious, but keep using the techniques you've learned. You'll be a more active, influential player in your life, instead of being pushed to the sidelines.*" loc 4406, ebook. Everyone wants that.

Very highly recommended for anyone who speaks, sings, or wants to more mindfully express their message. *Set Your Voice Free* will help anyone who reads it turn his or her voice into a finely tuned instrument of communication. Perfect for beginners to well seasoned artists and speakers- it contains something for everyone. Some similar reads to help you put your best self forward: Platform: Get Noticed in a Noisy World, Talk Like TED: The 9 Public-Speaking Secrets of the World's Top Minds, or The Art of Exceptional Living.

Thank you to NetGalley and Little, Brown and Company for a free advance reader's copy of this book!

Nate Robertson says

Lie down on the floor, put your hands on your diaphragm. Now breathe in and out slowly and find your middle voice. Just do it. Find it.

And while you're doing that, ask yourself why you bought this book instead of going on youtube.

Pete says

I was looking up something in this book I've had for over 10 years, and re-read the entire book.

This one for me was inspiring and taught me tricks to power up my voice and add an octave. Key instruction in this practice practice practice and try for more control.

I loved this book, again.

Riccardo says

This was my second singing audiobook. Roger is trying hard. His voice and intonation is

annoyingly over the top. Knowledge wise he seems really good, but I just could not take his voice seriously.
