



2-Ingredient Miracle Dough Cookbook: Easy Lower-Carb Recipes for Flatbreads, Bagels, Desserts and More

Erin Mylroie

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Whipping Up Homemade Bread Is As Easy As 1, 2...

Making dough for pretzels, pitas, flatbreads and more couldn't get any easier—just combine Greek yogurt and self-rising flour, and you're well on your way to snacking on Pesto-Parmesan Twists, Curried Potato and Pea Samosas, Cini-Mini Churros and Bacon, Fig and Gruyere Volcano Rolls. With 2-Ingredient Miracle Dough Cookbook, there's no need to fuss with yeast or wait for dough to rise.

Whether you're baking for breakfast, dinner, dessert or anywhere in between, there is a simple, flavorful recipe to satisfy your craving, and as an added bonus, two-ingredient dough is naturally lower in carbs than traditional bread. Plus, it's simple to alter the dough to be lower in fat, gluten-free or vegan without sacrificing any flavor. Your friends and family will never guess that the best breads they've ever had were so quick, easy and healthy.

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