



Hacia otro nivel de cuidado: Guía para la crianza con respeto

Janet Lansbury , Alejandra Hayes (Translator)

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Millones de lectores de todo el mundo citan y comparten los consejos de Janet Lansbury sobre la crianza con respeto. Inspirada por la filosofía de crianza de su amiga y mentora Magda Gerber, la voz influyente de Janet anima a padres y profesionales del cuidado de los niños a percibir a los bebés como seres humanos competentes y únicos con las capacidades naturales para aprender sin que se les enseñe; desarrollar habilidades motoras y cognitivas; comunicarse; enfrentar dificultades de acuerdo a su edad; iniciar y dirigir el juego independiente durante períodos largos; y mucho más. Una vez que logramos ver a nuestros hijos con estos ojos, incluso las experiencias de crianza diaria más comunes se vuelven oportunidades estimulantes para aprender, descubrir y conectarnos con nuestro hijo. “Hacia otro nivel de cuidado” es una colección de treinta artículos que tienen gran aceptación y son muy leídos en el sitio web de Janet. Se centran en algunos de los aspectos más comunes del cuidado de los bebés y los niños pequeños, como la alimentación, el sueño, el cambio de pañal, la comunicación, la separación, la atención y la capacidad de concentración, la creatividad y los límites. La reveladora filosofía de Janet, que evita los “consejos y trucos” simplistas característicos de la cultura de crianza generalizada, sienta las bases para una relación entre padres e hijos más cercana y gratificante; los niños criados de esta manera se transforman en adultos competentes, seguros de sí mismos y con una personalidad auténtica.

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Katherine says

This is a collection of 30 of Lansbury's blog posts whose titles I've transcribed below, so get this book if you prefer to read a paper copy. My understanding is that Lansbury's blog really helped spread the word on Gerber's RIE philosophy, but after reading Your Self-Confident Baby: How to Encourage Your Child's Natural Abilities -- From the Very Start, I would recommend going to that when you want to get more in-depth.

The blog is good as an introduction but there's something about the tone that bugs me--another review here noted that it feels like any undesirable situations with kids are definitely entirely the parents' fault, and the proposed wording often feels quite awkward. Or maybe it's, as the author admits herself, that she's on the side of needing to be encouraged to impose limits on her kids rather than a more authoritarian instinct like I've got. I also probably just find advice easier to accept from a grandmotherly type like Gerber. So, just not really for me, but probably works fine for others.

1. What Your Baby Can't Tell You
2. Connecting With Your Kids
3. The Key to Your Child's Heart
4. How to Love a Diaper Change
5. Good Grief
6. Babies and Sleep
7. Sitting Babies Up: The Downside
8. How to Build Your Child's Focus and Attention Span
9. Infant Play - Great Minds at Work
10. Doctors, Dentists, Haircuts
11. Calming Your Clingy Child
12. A Magic Word for Parenting
13. Allowing Your Toddler to Succeed
14. The Therapeutic Power of Play
15. 7 Myths That Discourage Independent Play
16. Nourishing our Babies' Healthy Eating Habits
17. Best Ways to Encourage Toddlers to Talk
18. Nurturing Creativity: How I Learned to Shut Up
19. 'Sportscasting' Your Child's Struggles
20. Toddlers and Sharing (The S Word)
21. The Trouble With Potty Training
22. No Bad Kids - Toddler Discipline Without Shame
23. Struggling With Boundaries (3 Common Reasons)
24. What Your Toddler Thinks of Discipline
25. Toddler Discipline That Works
26. Let Your Kids Be Mad At You
27. An Easily Forgotten Gift
28. I Think I Know Why You're Yelling
29. Never Too Late for Respectful Parenting
30. The Parent I Might Have Been

Tiny Dancer says

Truly a life changing book. A fundamental perspective shift from 'mainstream' parenting leads to a deeper connection with your child. Janet's work and the RIE philosophy have helped my family immensely by developing a deeper understanding of what's going on inside the child's mind and helping us become better parents every day.

Andreea Maruseac says

Interesting concepts.

I liked the main concepts behind the book and I believe they would be very useful for any new (inexperienced) parent.

What I didn't like that much was that sometimes the chapters seemed a bit disconnected. Also there is a bit of repetition, especially when talking about Magda Gerber. I understand that her work was an inspiration for this book but still.

Inga says

I liked it. I started reading this bearing in mind that it IS a collection of blogs so I wasn't expecting much depth on each topic. I found all the chapters a useful reminder of where we as parents can do better for our children and in what scenarios we are likely to forget that they are independent beings and not an extension of ourselves. I think I will go back to this later as my little one grows to revise

Jennifer says

Like most parenting books, this one has a pamphlet's worth of advice sprinkled into a novel's worth of dogmatic repetition, condescending anecdotes, and quotes from other parenting experts. It's long on theory and short on examples of how to apply the principles in real life. Lansbury comes across like a zealot, so ardent in her following of Magda Gerber that I was put off by her religious fervor. Still, the principles themselves seem to jibe with common sense, so that's a plus.

Yinyin Zhu says

It is a very good book on parenting. I fell in love with it just after reading the first chapter. What suggested in the book are very sensible and helpful. Some tips or advice may sound a bit daunting in the first place, but they do make a lot of sense when you give them a second thought. People always have different opinions of the same book. However, if one just uses it as a guidance but not fully takes in, he will find it very helpful. Anyway, it is a great book for a new parent.

Cole Schoolland says

Janet Lansbury does a wonderful job of making a complex topic extremely approachable. Her work stems from the groundbreaking of Magda Gerber nearly half a century ago. Magda was far ahead of her time, but thanks to scientific advances, it is now much easier to qualify her beliefs (which were at the time and still remain somewhat unpopular - especially among baby-boomers).

The methodology Lansbury follows is simply known as RIE. The mission of RIE is "to improve the lives of infants and young children through respectful care" RIE asserts that babies are far more complex and susceptible to certain kinds of stimulation (particularly emotional) and that we, above all, consider and respect their experience. Babies are so often treated as objects or at least sub-human. RIE asserts that babies are whole and complex beings from birth and we should challenge beliefs or actions that are contrary to that.

Everything your child does is an opportunity to learn and communicate. It is important to clear the way for this, take them seriously, and not let your own experience get in the way. Much of RIE resonates with Attachment Parenting which is picking up in popularity.

All in all, Lansbury does an excellent job of laying out basics of strategy and encouragement than any parent or caretaker would greatly benefit from.

Sarah Hunter says

This book was very interesting to me and it showed me a new way of parenting than what I have been told and read. I really wish I had read this before having my first instead of after having my last. I'm trying to incorporate some of these tips with my children who are 3-8.

This is a great introduction to this school of thought on raising children and the back has a list of books to look into to continuing your learning of this technique.

Mélanie Ross says

I struggled with rating this book. Though it is very helpful, and I'm thankful I fell upon this book, the ideas discussed here are not her own. That being said, the ideas discussed resonated with my husband and I. We've applied some of the concepts and it's made parenting a lot simpler & more fun. I feel like our daughter is already flourishing. All in all very helpful parenting book.

Aurora says

I listened to this book on Audible, which I think is a great way to get a feel for some of the advice she gives on how to interact with babies. This is an awesome book. I was introduced to RIE a couple years ago, and it really resonated with me. As a mom, it's been wonderful seeing her suggestions put into practice and to see

how well my daughter thrives under this approach. If you have kids, grandkids, or even just work with kids, I highly recommend checking this out and discovering how to really form an honest relationship with kids.

Emily says

While this book, and the RIE philosophy is geared mainly towards babies, and my daughter is now aging out of much of the advice, I find Janet Lansbury's approach to parenting so helpful, relevant and inspiring. Whenever I can manage to follow much of the guidelines - sloooooowww down, be gentle, listen and respect the child as a whole person, my time with my daughter is vastly easier, more fun and satisfying for everyone.

Cannot recommend this book to new parents more highly.

Esther Kim says

Even as I read this, I appreciated her approach on respecting the child and I will try to do that, but other things were just unrealistic. Such as not talking to the baby in baby talk..those are things parents and kids can enjoy together in childhood! Eventually we'll grow out of it but why not let the child be a child in his limited years of childhood! Still, there were good tidbits here and there.

Katy W says

I really struggled with how to rate this. I really love some of her ideas but some are laughably ridiculous. It also just reads as opinion, with little reference to real research to back up her points. For the good, it seems as if it was taken wholesale from other books (Magda Gerber, "How To Talk So Kids Will Listen...", etc) so might as well just read those instead. Meh.

Teresa says

Interesante. Algunas cosas las veo aplicables pero otras no acabo de verlas como la autora las presenta. Desde luego no puedo comparar su trayectoria como educadora de educadores y mi casi total ignorancia en esos campos.

Barrie says

Coming off the high of How to talk to your kids so they listen and listen so your kids will talk, this was quite the disappointment. While I LOVE the RIE way and do my best to impart this way to my kid--her style of writing is too abrupt and quite frankly, a bit boring. I find the same issue with her blog. I get all excited to read her posts and then I do and I'm bored. I can't put my finger onto why this is the case. But there was something to Faber's book that was so quick and easy to read--that this one felt forced and quick, but in a rushed way and not an easy way. I didn't retain any of the info. It just felt like list after list of to-dos. I really

did want to like this book because I truly admire what she preaches, but just couldn't like it the way others do.
