



Love's Hidden Symmetry: What Makes Love Work in Relationships

Bert Hellinger , Gunthard Weber

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From Reader Review Love's Hidden Symmetry: What Makes Love Work in Relationships for online ebook

Janet says

Interesting introduction to family constellation work.

Kimberly Laura Malone says

I was reading this book in support of my education in Systemic Constellation work. After spending some years experiencing this work in many different applications I have decided to become a facilitator. Reading Hellinger's first published records in the field after having my own experiences in it was quite illuminating.

There were too many aha moments to list them all here, though I will give you my two most profound that stemmed from the over all effect of this book on my psyche.

First, I am struck by how the works process and "orders" result in creating such an accurate mirror for our own souls. No matter what you think you know about an issue in your life, or in society's life, this work has the means to surprise you. Catch you off guard and turn your world upside down, in precisely the manner and for exactly as long as you needed to discover something new.

Secondly, the question "which do you value more, people or principles?" was posed directly at some point and the answer that developed within me and within the pages of this book changed everything about how I see myself and how I see others. I have spent many years feeling some alien and confused about my profound connection to principle rather than to people. Here I found a way to be, not just resigned to this true fact about myself, but to embrace it warmly from my heart.

Sophia says

Bert Hellinger's approach and findings are intriguing if not challenging. For example you might find some of his suggestions are not 'politically correct' like renewing our maleness and femaleness in gender-specific circles in order to preserve creative tension. He doesn't apologise for this. In Bert's style he simply says that's what he has witnessed as working. I found his candidness refreshing. And enjoyed relating his perspectives to my own behaviours.

Dean says

<http://www.goodreads.com/assets/layout...>

Daniel Cukier says

This a a complete guide to understanding family constellations. It explains in details how our parents and grandparents influence in our decision making process, giving insights to how nodes with the past could be untied

Helen says

Really amazing book. Even it's mainly for psycho therapist and that profession audience, it is touching souls with clarity, truth. Life is what it is, you follow to experience it, no matter good, bad, ugly, the course itself has the most gracious feelings.

Really wish the book could be re-published to access to wider crowd.

Karen Carnabucci says

An important book about the profound work of philosopher and therapist Bert Hellinger who developed systemic constellation work, a method of healing intergenerational pain and trauma.
