



The Book of Myself: A Do-It Yourself Autobiography in 20 Questions

David Marshall, Carl Marshall

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The Book of Myself: A Do-It Yourself Autobiography in 20 Questions David Marshall , Carl Marshall Strong is the urge to write one's life story as a keepsake for oneself and one's family. The difficulty is knowing where to start, and then where to go from there. Carl and David Marshall, a grandfather-grandson team, have created a fine and fun do-it-yourself autobiography. The cover of the journal-sized *Book of Myself* is intended to resemble handmade paper; the inside pages have the yellowed hue of a keepsake found in a musty attic trunk. The book is not especially pretty. But the questions--one per page, divided into early, middle, and late years, and then again into sections concerning family, friends, education, work and responsibilities, and the world--are good enough that it hardly matters. Among the 201 jumping-off points included here are questions concerning childhood toys, crushes, and forbidden exploits; adult embarrassments, betrayals, and achievements; and how one's views change over the years. --Jane Steinberg

New edition published in 2007

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Date : Published January 2nd 1997 by Hyperion Books

ISBN : 9780786862504

Author : David Marshall , Carl Marshall

Format : Hardcover 207 pages

Genre : Language, Writing, Self Help, Nonfiction, Diary, Journal

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Kate says

...the best book you can read is the one about someone you know. The Book of Myself is a set of Q&As that made it easy for my mother-in-law to record the story of her life. Reading about her life - from early to middle to later life - in the journal she filled out gave me a deeper appreciation of who she is and what she has been through. (www.marshallbooks.net)

Kim says

This is such a fantastic book. Every person you know should do this. What a great way to leave a part of yourself when you leave this planet.
