



Gurudev: On the Plateau of the Peak: The Life of Sri Sri Ravi Shankar

Bhanumathi Narasimhan

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It was an era when the wisdom of yoga had been buried under years of ritual practices, when religion outweighed human values, when games were becoming wars and wars were being played like games. It was at such a time that, in a quaint village in south India, a young boy was found in deep meditation. He would say, 'I have family everywhere. People are waiting for me.'

Nobody believed him then.

Time revealed the destiny of the millions who came to him to discover themselves. Over the years, his sublime presence and pragmatic teachings would foster the values of joy, peace and love across the world. His transformative art of breathing, the Sudarshan Kriya, became a household practice, an alternative way of life that inspired people to seek self-realization. He became the guru who made the ethereal tangible, who brought about a profound shift in every sphere of human endeavour—from art to architecture, health care to rehabilitation, inner peace to outer dynamism.

From a carefree child to a teenager often found in the company of saints, from a young meditation teacher to a revered spiritual Master, this book is an intimate and affectionate account of the life of Gurudev Sri Sri Ravi Shankar by his sister Bhanumathi Narasimhan, who witnessed his mystical life unfold up-close.

Gurudev: On the Plateau of the Peak is an attempt to fit the ocean in a teacup, offering readers a sip of infinity.

Gurudev: On the Plateau of the Peak: The Life of Sri Sri Ravi Shankar Details

Date : Published January 11th 2018 by Westland

ISBN :

Author : Bhanumathi Narasimhan

Format : Kindle Edition 244 pages

Genre : Nonfiction, Spirituality



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From Reader Review Gurudev: On the Plateau of the Peak: The Life of Sri Sri Ravi Shankar for online ebook

Sambhaji Dalvi says

Awesome....!!!

Lots of knowledge and while reading it I was visualizing my childhood time and events. Interesting stories... Thanks to Bhanu didi for sharing it with us.

Shubhra says

A child, a brother, a charioteer, a warrior, a disciple, a guru, a cowherd, a messenger and The beloved of Gopis... Throughout His life, Krishna enacted so many roles, with eternal bliss!

There have been a very few who have rejoiced His company as bala Krishna as well as an eternally blissful Enlightened Master!

Imagine a book written with the innocent love of Gopis, the sincerity of a good friend Sudama and the infallible belief of a great disciple Arjuna!

This book is just that. It narrates the beautiful stories of Gurudev Sri Sri Ravi Shankar by a sister who is twinkly-eyed filled with innocent grandeur for her brother and a disciple who is sincerely seeking wisdom! With its simplicity and authenticity of narration, it warms your heart, almost unaware. While reading it, I was almost certain I got transported to another world. When was the last time you read anything that could do that?

Natasha Keshwani says

A beautiful insight on Guruji's childhood and how he has changed millions of lives. Loved it.

Nishant says

Great anecdotes and stories from the life of GuruDev

A book to fan the flames of your devotion and feel more connected to the master. The book covers several stories from GuruJi's life and are very interesting to read. Jai GuruDev!

Tanaya Deshmukh says

This book was a magical ride. Written in such simple yet elegant style, it captures your hearts and makes you

wonder at the amazing knowledge Guruji imparts and the millions of people whose lives he has changed. This will not be a one-time read for me but a book which I'll keep revisiting for sure. Thank you Bhanu ma for such a wonderful book filled with amazing experiences with Gurudev which I'll treasure my whole life ❤

Simmi says

An experience of infinity

Beautiful writing. One of those books you want to read from cover to cover. So grateful to be on this path.

Pratyush Agarwal says

I was waiting for a book through which I could experience Guruji (Sri Sri Ravi Shankar) when he was a child and the journey for him to become a master for millions of people all around the world. What better can it be to experience him through the eyes of her sister (Bhanu didi) itself? I would say that this is an attempt to show us a glimpse of his mystical life through beautiful stories of Guruji as witnessed by her sister who later became his devotee. You would even wonder how such a wonderful person can even exist. I would highly recommend every devotee to read this book.

Kushal Kushlendra says

A must for any devotee

Vidya says

Must read . Dot ❤?
