



Emotions Explained with Buff Dudes: Owlurd Comix

Andrew Tsyaston

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"You know how, since the dawn of humanity, great philosophers and poets have dedicated their entire lives to exploring concepts like love, life itself, logic, and sorrow? Well, those great philosophers and poets are dead now, so I win." — *Shen*

Emotions Explained With Buff Dudes is your fully illustrated guide to the hyper-conflicted, tragicomic feelings of our age. Featuring the resilient, shaggy-haired Shen, this debut collection of Owlturd Comix is a tale of triumph and survival — of getting your ass kicked by sleep deprivation and student loans, but never losing hope. Most of all, it's an amusing, instructive journey through a vast array of emotions, including those best explained with dudes who are buff.

Emotions Explained with Buff Dudes: Owlturd Comix Details

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Author : Andrew Tsyaston

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Isaiah says

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I got an ARC of this book.

I have seen bits of pieces of comics by Tsyaston before, rarely would I see the whole thing when it came to the longer pieces about life. I appreciated that the topics were often very emotional and very series, while still being something I could relate to. Who doesn't like a physical manifestation of emotions? That is one of my favorite things in comics and graphic novels. Using buff dudes to explain emotions, especially big emotions was amusing.

This collection of some of his comics was exactly what I needed to read. It was very much about feeling feelings and what they feel like. There were a few about things like toxic masculinity that made me laugh out loud, because it was approached in this unique way: bath bombs for men. That was hands down my favorite comic.

Some of the comics I had seen recently as memes, like the plant "watering" the main character with cheeseburgers. I have not ever gone out of my way to find the comics, but it appears that there may be some overlap if you are a fan, which is common with a collection from a webcomic. There was a great deal of comics I hadn't seen though, which was awesome. I'm glad it wasn't just all the most popular comics that have been turned into memes and/or posted on meme sites.

This is the sort of book that I would buy for a friend when they were having a hard time or for a friend that has a lot of emotions because it makes things seem less big, because it acknowledges how big emotions really can be and how painful in a way that is really simple to understand.

Mel says

From the back cover: "Emotions Explained with Buff Dudes is your fully illustrated guide to the hyper-conflicted, tragicomic feelings of our age." I couldn't agree more. I've seen a handful of these sprinkled across the internet and they always get a laugh out of me, it's great to see more young illustrators publishing their collections of their work because their comics are all too relatable. The fatalism is a strong with this one.

Thanks NetGalley and Andrews McMeel for the review copy.

Emma says

The ARC of this book was provided by the publisher via NetGalley in exchange for an honest review.

This little book is very funny and also quite relatable. Sometimes life truly is like some of the moments described in this book. Apparently the author has an Instagram where he posts updates so I'm just going to follow him there to see more of his work and to laugh some more.

This book is a really funny read and would also make a perfect gift for someone.

somuchreading says

Με μια εικ?να:

Μ?νο αυτ?, τ?ποτε ?λλο.

mahana. says

ARC kindly provided by Andrew McMeel Publishing in exchange for an honest review.

Emotions Explained with Buff Dudes is a short graphic novel about the woes of millennial life. Tsyaston discusses debt, pessimism, societal expectations, etc. in a humorous way where you relate to the tragedy happening before your eyes, but you have to laugh.

Normally, I find that many comic collections fail to make me laugh or some are funny and the rest just fall flat. However, this graphic novel had me laughing on every single page. It helped that I could relate to most of the struggles of the narrator, and I'm sure anyone alive in this age can. There was one that stuck out to me, though. There's a comic where the embodiment of the Internet is shoving it in the narrator's face that there are other people who are out there doing amazing things and he won't ever be the same. I don't know why, but that just struck a chord with me.

I've seen that the author has an Instagram page so I will definitely be checking that out because I found his type of humour hilarious.

Overall, I'd definitely recommend this. It's comedic while also making a statement about our current times. I'm sure you'll find something to make you laugh out loud on one of these pages.

Evelina | AvalinahsBooks says

This was just so good! I had the best time reading this one, and it's too bad it's such a fast read. I could read an entire encyclopedia of these little cartoons! They're incredibly relatable and funny. My favorite ones would perhaps be the Personality A and B type cartoons which are pretty accurate xD the whole book will take you probably only a half an hour or so to read, but you will probably be coming back to read it again and again. Something that should definitely be on your shelf, if you like cartoons like Sarah's Scribbles or The Oatmeal and similar stuff.

Jane says

Emotions Explained with Buff Dudes: Owlurd Comix is not at all what I was expecting. I thought I was going to be reading a book that literally explained different emotions with hilarious-looking buff dudes. That is not what this book is.

Instead, it is a rather amusing book filled with comics about a completely non-buff dude who fights the good fight against a life that seems determined to beat him down.

I think I would have preferred to consume this in smaller doses instead of the one fell swoop that I did; a daily dose would be plenty for me. But I'm pretty sure just about everyone will find at least a few pages that hit home. There are a lot of common truths to be found in these pages.

3.5 stars rounded up to 4.

Thank you to NetGalley and Andrews McMeel Publishing for providing me with a DRC of this book which is available for sale now.

Laura says

This is another case of, if you read this comic on the Internet, you might want to have a printed collection, and if you haven't, then you might want to have a collection, to read it all in one shot. The jokes are humorous, though not fall off your chair so. Here are two examples, below.

It is a good collection. Some of the "jokes" are more sad than funny, which is sort of how humor is.

Thanks to Netgalley for making this book available for an honest review.

Alja Katuin says

An exceptionally fun and light way of explaining the daily struggles of most people. I'd totally let my kids read this and feel a little bit more confident about them maybe talking to me about this?

I don't have kids though, but I connect with these comics as well. It's nice to see them drawn out as logically as that and to be able to basically point towards one of the comics and say "I feel like that today."

I love Owlurd comix. <3

Bunny says

Received via Netgalley in exchange for a fair and unbiased review.

Shen comics are your typical Tumblr fare, making jokes about life events and mental health. They're well drawn and almost never fail to make me laugh. There's nothing that perks up your morning like reading a comic where LIFE is a massively roid raged character who wakes you up with a studded baseball bat.

But along with the humor based on life problems, Andrew comes up with actual sweet adorableness, and those are sprinkled through the book like tiny rays of hope, and I LOVE IT.

Shruti Ramanujam says

I received a copy of this book from NetGalley in exchange for an honest review. All thoughts and opinions expressed here are my own.

Emotions Explained With Buff Dudes is...exactly what it says it's about. It's a set of comics on life itself by Andrew Tsyaston, the person behind Owlturd Comix and Shen Comix. The main character in Tsyaston's comics is Shen. I've been following Shen and his antics for a long time now. He's the kind of fictional character you can't help but relate to.

He stays up till the wee hours of dawn, has student loans, and a huge Netflix addiction. That's like 75% of the human population right there. Every comic in this book is painfully relatable and has been beautifully created.

Read this book if you like graphic novels about day to day experiences. You can finish it in under 2 hours and snap out of any reading slump you may be in. This book will make you snort with laughter and relate to every single comic in it.

destiny ? [howling libraries] says

If you're a follower of *Owlturd Comix*, you've probably already read some (or maybe all) of these like I have, but don't let that stop you, because Andrew's comics are totally worth rereading, and having them all in a collection like this is lovely. If you're new to his comics, they're all basically about life and how difficult it can be, especially when you have anxiety! I relate so much to practically every single comic in this book, honestly, and sometimes, you just need someone who *gets it* to playfully poke fun at the messy parts of your brain.

Oh, and, uh... end morning culture.

Thank you so much to the publisher for providing me with this ARC in exchange for an honest review!

Jessica says

It's no secret how much I love Shen Comix. They're my daily dose of giggles but, more than that, I love how poignant a lot of them are. If you're a human being with thoughts and emotions, perhaps with a pinch of anxiety, you'll see yourself in a lot of what Shen does. That's why I was so excited to support this collection!

It's true that there's nothing necessarily new in here, but it does collect some of my favorite Shen pieces all in one place. If you're new to these, you'll get to meet characters like Type A and Type B personality and our lovely friend LIFE. Ha! I actually envy you if you're new to these comics. I guarantee you'll quickly find yourself in love with Shen's totally honest, yet somehow adorable, takes on our day to day lives.

There's not much else to say, other than that you should buy this! It's an excellent way to support an artist who gives us so much joy and brutal self-reflection.

(ZanyAnomaly) Sai Ram says

I received a copy of this book from NetGalley in exchange for an honest review. All thoughts and opinions expressed here are my own.

I've always loved webcomics and Owlturd Comix is definitely one of my favorite webcomic creators! I had so much fun laughing aloud and shouting "RELATE" while reading through this one!
I WANT MORE BOOKS PLEASE!

Definitely a book to check out :3

MissBecka says

A big shout out to NetGalley and Andrews McMeel Publishing for this advanced copy.

This tiny book is packed with giggles.

I don't think I have laughed so hard and so much at a picture book in ages!

This is certainly geared towards adults and is awesome!!!

Filled with so many weird and depressing things we deal with everyday, but delivered with such a fun tone that I can't wait to tell all my friends about it.

Wait I just did...friends.
