



Exhale

Jennifer Snyder

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Inhaling in life is easy. It's the exhaling—the letting go—that's the hard part.

Katie Elliot has always known the Conner twins. For years she secretly pined after one, while playfully averting the advances of the other. Once upon a time, she was fine with that. Then came the moment when her twin of preference kissed her and changed everything.

As if realizing love can be complex—even when it's reciprocated—isn't hard enough, tragedy strikes, tearing Katie and the boy she's always desired apart. Finding herself torn between love and guilt, Katie must learn when it's acceptable to let go—when it's finally okay to exhale.

Exhale Details

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Author : Jennifer Snyder

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From Reader Review Exhale for online ebook

Megan says

The Characters:

Katie – I don't know if I really liked Katie too much, at first she was ok... but I didn't really like the way she treated Derek or Kyle. She was obviously in love with one of them, and the other one was obviously in love with her. It is always an interesting triangle when it involves siblings, and I am always excited to see which direction it will take. However, the way Katie handled things, it reminded me a bit of Bella from New Moon, totally helpless and useless... which kind of pissed me off because I feel that Katie could have been portrayed in a much different light.

Derek – Ah the good twin... Derek is the perfect teenager, he is respectful, has a job, is generally the one who looks after his brother when they go to a party, he is also a total sweetheart. When tragedy strikes he is really the one left dealing with things on his own because Katie is wallowing in her own guilt. At first I didn't really like him too much either, because he was hiding things from his brother... even if it was with the intent to not hurt him. I think if he had just been upfront and honest things would have turned out much different.

Kyle – The rebel twin... I liked Kyle right from the start, probably because he was the bad boy and well I have a weak spot for bad boys! Kyle liked to party, he was a major flirt, he was also super hot and had such charm. I was rooting for Kyle the whole time, and while the story played out I was increasingly worried over what was coming. I really wish we got to see more of Kyle, because I think that most the time he was just showing one side of him and I think there was so much more to him

What I liked:

The story was very well written, and I will totally be checking out more of Jennifer Snyder's books. I did enjoy how the love triangle progressed... as sad as it was, and as upset as I was over what happened... the message was loud and clear... know matter what happens, life goes on.... I really like a story with a good message.

What I didn't like so much:

I didn't like that the book was so short, I felt like it was rushing through so many important things. I also think that although the book was very well written, right from the start it was easy to see where it would end, not the exact conclusion but it was quite clear from the beginning that it wouldn't be good.

Last remarks:

Overall I thought this book was ok, as I have said it is well written, and the message was something that everyone really has to at some point face throughout their lives. If you are looking for a story that will get your emotions involved, but are short on time this is totally the book you will want to check out.

Paperback Princess says

This review was originally posted at Paperback Princess to view in its originality please click [here](#).

Exhale is another fantastic book written by a fast-becoming fave Author of mine, Jennifer Snyder. I was first introduced to Jennifer through her Reaper Novellas, I reviewed Hereafter, and a review of Touch & Choice will be coming soon.

Exhale is a Contemporary Romance involving a love triangle between two twin brothers, Derek and Kyle Connor and Katie Elliot. Katie and the Connor Brothers have always been best-friends since birth, their Parents were best-friends and next door neighbours. So when Derek and Katie finally came out with their true feelings for each other, they are put in an awkward predicament as Kyle was always the one that professed his undying love for Katie. Their relationship gets even more difficult when a tragedy strikes their trio, their lives will never be the same...

"Inhaling in life is easy. It's the exhaling - the letting go - that's the hard part."

~ Jennifer Snyder @ Exhale

This has become one of my favourite quotes. With such a strong Introduction, it's hard not to read on. Exhale is fast-paced, straight to the point leaving you breathless in no time. However, don't let the lack of length detract you, the characters were well developed and Snyder had the Reader easily hooked into their lives and you hold your breath as you watch and wait to see what happens to them, I think that this shows fantastic writing ability, to have your Readers hooked and caring for your characters in such a short time.

Despite being simply written, the emotions behind each word has you feeling the story, not just reading it. I felt for the characters and I really felt like I was personally going through their tragedy, their hopes and dreams and their disappointment and happiness. Exhale is an emotional ride that I thoroughly enjoyed. It's rare for an ending to satisfy most readers, but I must say, Exhale had a brilliant ending, that wrapped the story up beautifully, it's actually one of the finer points of this book.

This is theoretically the 3rd book I've read by Snyder, the first two being in the Paranormal genre, Exhale being Romance, and I have to say, no matter what genre she is writing I've thoroughly enjoyed her words, her story-telling and her plot creation. As I had previously mentioned, she is fast-becoming a favourite!

Cierra (The Book Lover's Report) says

Exhale was a fast read. Was it because I really got into it? Sort of. Was it because I thought it was short? Yes. (For those of you wondering, it was 115 pages on my Kindle.)

This book was also basically brother versus brother for Katie's feelings. They don't literally fight, but that's just how it feels to me. That's another thing: it isn't full of action, so those of you who like action/adventure in your stories, this isn't a read for you.

I thought that when **sort of spoiler alert** Katie and Kyle got together, that they just weren't right for each other. I mean, sure it was fun and all of that for her to be with the 'bad boy' type, but he just didn't seem like the right fit for her, to me. AND Kyle wasn't even one of those good bad boys who is actually sweet and all of that. Kyle was a player and I didn't like his character at all.

His twin brother, though... I liked him. He was sweet and nice and basically everything that Kyle wasn't although they were twins.

Now, let me tell you something... There was a twist that I really wasn't expecting. I mean, seriously... I didn't

really like that character, but I didn't want that to happen. It sort of put a whole kibosh on my dislike for the character. And even though she ended up with the one, I still felt a little sad. **End of sort of spoiler**

I do wish that this book was a little longer because I think that it should have taken more time to develop each character and their roles in the book, so that I would feel more attached (I was a little attached to each character, but not enough to where I felt connected to them.)

So, I think that this book deserves a 3.5 in hearts....

Bree says

I was really excited to read this book when I got the invitation, because I loved the cover, and because I've got a "thing" for contemporary romance right now, I think. And I thought it sounded really good. But I always go into a new book with expectations that it will be solid, as I did with this one. So it was nice to start reading and have my expectations exceeded!

Almost from the first sentences, I loved the main characters – Katie and the twins, Kyle and Derek. Their relationship was sweet, as friends from an early age, but Kyle liked Katie, and Katie liked Derek. I didn't really like Katie's best girl friend, she was a little annoying, and Katie's character didn't really seem to like her that much, either.

This book was short, but it grabbed my heart and took it for quite a ride. My heart broke into pieces and I completely understood what Katie was going through the entire time on an emotional level. There were parts that I thought were a bit odd, but for the most part, I was enthralled with the story and the characters and wanted the book to keep on going.

Basically, if you like young adult contemporary romance stories, you need to pick this one up. It's short and a really quick but great read. It's got a love triangle, but not in the same way that many authors portray it. I'm not sure how to explain it without giving too much away, so I'll just tell you to give it a chance even if you hate love triangles. I don't think you'll be disappointed.

L says

3.5 stars

Really liked the idea of this story, wish it went a little deeper into the characters, was a little quick but overall good book.

Kendall {Book Crazy} says

I thought that I knew what to expect with this book after I read the synopsis as I thought that this book was going to have one of those love triangle's that makes you want to tear your hair out but this book was so much more than that! It was a story of love, regret and grief and it was told amazingly! The plot of this book was completely unexpected but it was told perfectly! I wasn't expecting what happened at all so I was very surprised with the direction that the book went in! I have to say though that the pace of this book was very

fast! I would have loved for it to have went a bit slower to allow the relationships and the characters emotions to develop more than what the did! The characters were so easy to relate to though! Katie was a character who I connected with instantly and I could really feel her emotions change throughout this book! I felt so sorry for her for what she went through during this book as well! Derek and Kyle were the love interests of Katie and of course one was the nice twin and the other was the bad twin! The twins were both so different to each other but they both had feelings for Katie and they never acted on those feelings until one twin did and then tragedy struck which set everything in motion and made relationships turn fragile! The ending was perfect! It was amazing to see Katie let go and move on especially after what she went through during the course of this book! The title for this book suits it perfectly and the cover is beautiful! Big thank you to Supagurl for letting me be on the Blog Tour!

Bianca says

I received a free copy of this book in exchange of an honest review. Thank you so much!!

General opinion: 'Exhale' is a quick and engaging read, with well created and interesting characters and an amazing, different story. I loved the book and I can say that I am glad that I read it.

What made me read the book: The blurb. "Exhale" seemed like a book that needed to be read and loved. And I was right.

What I like the most: The characters and the story.

As I said before, the characters are very well created and very likable. Though Derek and Kyle are twins, the readers can see how different they are and I loved this thing. I once read a book with twins and thought the author said that they are different, I couldn't notice this thing. I also LOVED the main character. She has something special and she was outstanding.

Though the story is very sad, it warmed my heart. It was so romantic! I cried, I laughed and I cried again. There were funny moments, sad moments (a lot of them) and also romantic moments. This book has it all.

Other good things : The book is fast paced and very engaging. Once you start it, you can't put it down until you finish it. I was very interested in the destiny of the characters.

The emotions are very well described and you can almost feel them. When there was a sad, made-for-crying scene, I cried. This is an amazing thing and not too many authors can do it.

What I disliked: Mainly, nothing. But I would've preferred the book to be longer.

I recommend it to: EVERYONE! Seriously, this is an amazing book and I think that everyone can enjoy it.

Would I read it again? Yes, probably!

Do I want to read the sequel: If there's gonna be one, of course!

Rate: 5 stars out of 5.

Trini says

You will need a box of tissue for this read. Let me just warn you now. I had to stop reading this book for a few minutes a couple of times. That is how intense the sadness was but I pulled through and so will you but I promise, you will be deeply affected by this story.

Katie has been neighbors and best friends with Derek and Kyle for as long as she can remember. Now they are in high school their relationship is a bit more complicated. Katie has secretly developed feelings for Derek and has kept it to herself for a while now. The flirtations Kyle has always professed his love for her but these feelings have not been reciprocated. Not because she couldn't fall in love with him but because her heart already belongs to another. The ironic thing is they are identical twins. So it does seem a bit unfair to Kyle but sometimes you just can't help who your heart choose.

Just as a relationship start to develop tragedy strikes and life feels like it should come to a halt. Weighted down with grief and guilt Kat doesn't know how to move forward. This is where the book get very difficult to read but it's so good. What I really liked is that even throughout all her struggles, doubt, and sadness there is light at the end of her tunnel. There is still some hope.

It's a bittersweet ending but none the least a happy one. If you are looking for a dramatically intense story this is one you need to pick up. It had me in a weeping mess in no time.

Isabel (Sab The Book Eater) says

This review and more at [Sab The Book Eater](#)

I'm a cover junkie, I'm not gonna lie. I was originally drawn to this book because of the pretty cover. The blurb scared me a bit, really, because I felt like it's going to make me cry.

It did, actually. It made me cry.

So I was in class, right. And I totally wasn't paying attention to my classmates who were doing their presentation in front. I was reading from my tablet, totally engrossed. Then it got to the part where Jennifer Snyder unleashes her super writing powers... and I cried. I freaking cried. In class. I had to hide my face a bit so no one would notice.

It was a really short read but I was amazed at how much emotion was in it! That alone is proof that this is a good book. I always love a book that can make me feel without being overly dramatic. The tragedy in this book is drama in itself but it wasn't over the top; there were no exaggeratedly long paragraphs filled with unnecessary descriptions of all the "feels" the main character was feeling. I just loved how well written *Exhale* is.

Snyder's an amazing writer! There's something about her writing that's simply captivating. This is the first book of hers I've read so I had to do a bit of research on Goodreads and apparently, she's really good at making people cry... and she likes it.

I think the only thing that I didn't like about this book was Katie herself. I didn't feel entirely drawn to her character, the way I was with the twins. I just felt like Katie's essence was just focused on the twins so her personality went kapoot. I loved the Conner twins though! They were the typical kind of twins, their differences obvious. I love their contrast and I love how they expressed their feelings for Katie. At first the story reminded me of Jenny Han's The Summer I Turned Pretty wherein the girl grew up with twins and was pining for the twin that didn't want her. But then Kyle spoke and all comparisons were shot down. Let's just leave it at that. I liked Kyle more though, I just tend to gravitate towards the more outgoing, cocky twin whenever I read stories that involve twins. LOL. Derek on the one hand was rather shy or just plain timid. He's cool too though and I enjoyed reading how touchy feely he is around Katie. Heh. The twins were such a delight to read!

I just wish it was longer though because I felt like the Katie and Derek's relationship needed more time to develop. Everything happened so fast! I know they grew up together and Katie wanted him so badly, but come on! We want a bit of build up - it's the stuff that gives us butterflies in our stomach. But whatever, the story progressed nicely anyway. If there was anything that was natural in this story, it was the way Katie and Derek handled the situation and went through it together. I love how their emotions were put into play and how realistic everything was. Ahhhh- all the feels indeed!

Exhale was a quick, nice read filled with emotions lots. It's well written and it's definitely worth reading. I can't wait to read another book by Jennifer Snyder. :-)

Secretly Adorkable Readers says

This is my first Snyder book to read. I read it within 4 hrs so was a quick read. At 47% of the book, I thought I was going to need a box of kleenex. This was an adoring love story between the Connor twins and their next door best friend Katie. You will definitely love this!

Naomi says

When I read the description of this book and it mentioned identical twins I thought this sounds like fun, we could be in for an uncomfortable love triangle, how exciting!! Once I was deep into the book I found it to be way more than just that. It was a beautiful story of love, loss and heartbreak.

Katie is a typical teenager, she loves to go to parties, have a few drinks and kiss boys, but the boy that she kisses is never the one she really wants. But after one party it looks like her dreams will come true. I related to Katie easily, as I remembered the days of going to those types of parties hanging out with friends, it was fun. She is a fun character and cares for everyone around her. She doesn't really like conflict and would rather keep everyone happy instead of being in a confrontation with anyone. She tries to hide her feelings but the Connor boys are very good at reading her.

I loved both of the boys and you can tell that they are both close friends with Katie. Derek is the shy type of guy and always looking out for those he cares about. Kyle is the bad boy of the twins; he likes to party and hang out with friends and wears his heart on his sleeve for everyone to see. He is a bit hot-headed, but I love that about him!!

Exhale was fun in the beginning and I enjoyed how the book was going, parties, dates, steamy kisses it was all about the teenage lifestyle until the plot took a serious turn that had my heart breaking. If I cry whilst reading a book, it is because I was completely engrossed by it and addicted to the plot. I shed a tear a number of times throughout this book as the characters struggled with their feelings and how life would go. Relationships were built, then they would fall apart only to begin again. It was a heart wrenching read and I loved every minute of reading this book.

I loved the Jennifer's writing style and how quickly she sucked me into the story. The depth of the emotion in Exhale is just amazing and it was best described as a rollercoaster of emotions. Jennifer did an incredible job of writing this book and I will definitely read more of her work in the future!

I received a copy of the book from the author in exchange for an honest review.

A. Bookzilla. says

[up until he's gone, I was rooting for him so bad. (hide spoiler)]

Alyssa Ivy says

If you've read a Jennifer Snyder novel before, you already know that she has an incredible ability to convey emotion with her words. Her books are not the type you can read and forget about—the ideas and characters linger with you for days or even months afterward. Exhale is no exception. A beautifully written story about love, loss, grief and hope, Exhale is the kind of book that gets under your skin. At the same time, Exhale is a fun story, full of engaging and memorable characters that entertain you at every turn. Exhale is a fantastic read for YA contemporary fans!

Cherie says

I loved everything about this book. It's sweet and heartbreaking and ultimately hopeful. The author has a way of writing emotion into a scene that shoots straight to your heart and makes you feel what her characters feel.

It's hard to talk too much about the plot without giving things away, especially since this is a fairly short book - 135 pages on my e-reader. The plot moves along nicely and relationships develop quickly but in a realistic way since we become familiar with the dynamic and history of these characters early on in the book. Then there is one event that changes everything.

This is not an action packed book or one filled with drama in the form of arguments and breakups. Instead, it's a book about giving in to your emotions and then learning to live with the consequences. It's about grief and how learning to live with it means something different for each of us. It's about allowing yourself to acknowledge and feel your emotions and let go of grief and regret and open yourself to happiness and new beginnings.

The book really struck a chord with me. The writing is fantastic. For those of you reading the book description and cringing at the possibility of a love triangle, please give this book a chance. There is a

triangle but it is not typical YA romance and I promise you will not regret reading this one.

Cindy says

Honestly I love this book! Like I read the first page and I fell in love. I also promise you it wasn't love at first site, since the last book I read before this book was not so good and I skipped numerous of pages. I expected this book to be another boring book on my to-be-read list. But just one page of it proved me wrong!

The beginning started out with Katie working at her part-time job and there was a guy on the first page! ;)))) The book went by real fast with me so focused on it. I cried reading this book. I cry a lot reading books. SO I guess, when I cry, it's a good sign. It means that I absolutely love the book!!

This book though, took out my heart and squeezed it tight and then finally put it back. Omg. Yeah. I was crying for the girl.....and the guy.....or guys. That's right. There's more than one guy. It's not exactly a love-triangle to me. Well, although it is, I felt like one guy just had more of a chance than the other guy. You'll understand when you read it, so guess what? You should read it!!

If you want to read it really bad, I found this cool review request thing on Jennifer Snyder's website. ;) I'mma go request more of her books to read too. ;)

So if you really really love those heart-wrenching romance novels, I suggest you read this book. You better! Or else.....you loose out a lot. ;D

Rating: (1-10): 9.5!

You can find the blog tour on my blog @ <http://bookaholicfaggots.blogspot.com>
