



## The Way I Act

*Steve Metzger, Janan Cain (Illustrator)*

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The Way I Act explores thirteen ways of behaving. The friendly verses and bold illustrations convey many positive ideas of how to act in a variety of situations. In the companion book, The Way I Feel, children learned that feelings come and go and simply are.

A little older now, they are ready to think about the ability they have to control how things turn out. Like The Way I Feel, this book is ideal for children with autism.

(Ages 4-9)

## **The Way I Act Details**

Date : Published January 1st 2011 by Parenting Press (first published January 7th 2010)

ISBN : 9781884734991

Author : Steve Metzger , Janan Cain (Illustrator)

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Genre : Childrens, Picture Books

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## From Reader Review The Way I Act for online ebook

### **Maren Prestegaard says**

A school book. Not a saver but was fun to read and imagine with the kids.

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### **Savannah says**

Loved that it covered:

Curious  
Responsible  
Compassionate  
Trustworthy  
Brave  
Friendly  
Persistent  
Respectful  
Cooperative  
Capable  
Active  
Considerate  
Imaginative

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### **Colleen says**

Very colorful and I hope a useful book for parents and educators to use from our library. We already had The Way I Act, so I thought this would be a good addition to our parenting section.

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### **Katherine Cramer says**

#### **Summary**

This poem goes over the many adjectives that you can use to describe yourself. Are you curious, respectful, or thoughtful?

#### **Reaction**

This simple poem had nice illustrations and is a good book for younger students who are learning adjectives. I think it was a fine book.

#### **Lesson**

I would have students write about themselves in the same way as the book. They would describe themselves in two sentences and end with the sentence "I am..." ending with their chosen adjective.

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## **Gabriellaconceicao says**

Awards: None

Appropriate Grade Level: PreK-2nd grade

Summary: This is a story

Review: This is a great book to teach appropriate behavior. It shows children how their actions make other people feel. It shows the importance of thinking about their actions before they do them.

In-class uses: 1)to teach about manners 2)for fun

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## **Ubalstecha says**

A nice primary level book on different character traits. Sadly the language is not clear enough for younger children, leaving this as a shared book where the adult reader spends a lot of time explaining things to the child.

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## **Melissa Hicks says**

Wonderful story to teach about self-control and emotional regulation with children. Wonderful illustration to engage readers and a read aloud that is appropriate for reading with lots of expression to hook readers into the content of the story.

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## **Relyn says**

This book was a little young for my third graders, and I wonder how much they would have liked it if our librarian hadn't read the companion book to them last year. Though it is young, it's a great introduction to a character discussion about self-control and the way that feelings lead to actions.

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## **Jessica Gunter says**

This book teaches children about how our actions can affect others. It's also about compassion and bravery.

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## **Jordyn Styskal says**

1. Opening:

As you know, in our classroom everyone is part of our team. Each person in here is a player that makes up

our team. The decisions you make in here matter. The choices you make in here matter. The way you act in here matter. Being apart of this team means we treat one another with respect and we make responsible choices to keep our team safe. As I read *The Way I Act* by Steve Metzger, I want you think about each situation and think of a time your positive actions made a difference.

## 2. Opening moves:

Prompt brief sharing of personal experiences related to the topic or theme, share a personal connection you have with the text, raise interest in a topic or theme, invite personal connections

## 3. Rationale:

I selected this book because it focuses on a variety of social skills. Each page has a thoughtful way to provide examples of a character trait through a rhyming scheme. Students can easily make real life connections to the scenarios expressed throughout the book.

## 4. Book Review:

(2011, April 1). School Library Journal. <http://www.booksinprint.com.leo.lib.u...#>

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### **Lori says**

About positive character traits.

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### **Bonnie says**

Vivid illustrations make the lesson of learning how to act fun for students. This book is appropriate in the younger grades, as it teaches them how our actions affect others.

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### **Suburban Homeschooler says**

I guess I'm missing something. True, the verses are clever, and the illustrations charming. however, I don't feel the book does what it hopes to. It does give examples of certain character traits, but elementary students were no closer to knowing what "capable" meant after reading the book than before we read it.

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### **Sandy Brehl says**

Pair with *The Way I Feel*, but this is less natural and appealing to me, since it involves various behaviors the youngest might cognize, but offers language not as readily recognized by them. Something about this one comes off as more preachy than the original.

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## **Megan Hines says**

1. A person chooses the way in which they behave. The Way I Act explores how different types of behavior looks and feels. With brilliant illustrations, the reader is taken on a journey of poetry and positive behavior.
2. The Way I Act by Steve Metzger is a book that is designed to be simple in order to drive a point across. Each "behavior" come with a poetry-like explanation that tells how to act or what to do in a way for younger readers to understand. Steve Metzger does a fantastic job of balancing colorful illustrations with meaningful text.
3. The Way I Feel by Janan Cain; Conflict Resolution: When Friends Fight by Liz George
4. "When we are cooperative, we don't have time to fight"

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