



The Herbalist's Way: The Art and Practice of Healing with Plant Medicines

Nancy Phillips, Michael Phillips

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This updated edition of *The Village Herbalist* provides a complete guide to the art and practice of herbalism, as well as an introduction to the herbalist's role in family and community life. Inspirational profiles of practicing herbalists from across the country add a human touch to the authors' wealth of practical herbal knowledge.

The Herbalist's Way includes time-honored healing wisdom from many cultures, as well as information on:

- Roles and responsibilities of herbalists in their communities
- Herbal workshops, conferences, and education centers
- Growing, drying, and preparing medicinal herbs
- Learning to listen to clients and recommend holistic treatments for healing and continued wellness
- Licensing, marketing, and other legal and business issues facing modern herbalists
- Comprehensive resources and suggestions for building your herbal library

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Silas says

This was a long, slow read. It was not the compelling look into herbal lore that I was expecting, but was an excellent primer on all the various facets of being a working herbalist, from growing to making preparations, to running a business, with some tips on diagnosis and some smatterings of information about the herbs themselves. If you are looking for a book that tells you which herb is good for what symptom, this is not it. If you happen to already have some of those books, though, this will help you put that knowledge to good use.

Liz Neves says

This may be the only book to reveal the many facets of herbalism as livelihood. It introduces the reader to several prominent herbalists as well as highlighting the steps taken to achieve this status. However, it is a little bit dated with regard to resources (particularly info regarding web presence). I think it could use a revised edition.

Andrea says

Very little herbal content covered as the book flipped around from topic to topic focusing more on where someone grew up then their contributions or guidance.

Jennifer says

Less about the how-to of making herbal medicines and more about becoming an herbalist at any level. Useful information, lots of additional resources to explore...
