



# Crisis Preparedness Handbook: A Comprehensive Guide to Home Storage and Physical Survival

*Jack A. Spigarelli*

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A complete guide to emergency preparedness for our uncertain times. Virtually an encyclopedia of food storage and personal preparedness, it covers topics from exactly how to design a food storage program tailored for your particular family to growing and preserving food, storing fuel, alternate energy, emergency evacuation kits, medical and dental, surviving biological, chemical and nuclear terrorism, communications, selection of firearms and other survival tools, and preparing for earthquakes.

Dozens of detailed, expert checklists and tables with photographs and index. Extensive book and resource lists with regular and Internet addresses. An absolute must for those serious about preparing for and surviving during our dangerous times.

## **Crisis Preparedness Handbook: A Comprehensive Guide to Home Storage and Physical Survival Details**

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Author : Jack A. Spigarelli

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## **From Reader Review Crisis Preparedness Handbook: A Comprehensive Guide to Home Storage and Physical Survival for online ebook**

### **John says**

Crisis Preparedness Handbook: A Comprehensive Guide to Home Storage and Physical Survival by Jack A. Spigarelli (2002)

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### **Keersten says**

This book is a fantastic guide to preparing for an emergency. It is comprehensive and considers several different aspects and approaches to being prepared.

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### **Survivors says**

Perfect for things to do AT HOME. Not a book about surviving out in the wilderness or on the run. For prepping at home, this is an absolutely fantastic book in prep for tornadoes, hurricanes, power outages, and other disasters that can come to your front door.

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### **Joey Brooks says**

Awesome book on preparing for any personal or public disaster. Great advice on food storage. Must have for the coming collapse.

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