



The Eye of the I: From Which Nothing is Hidden

David R. Hawkins

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This publication describes and explains advanced states of consciousness and the way to spiritual Enlightenment. It includes dialogues with spiritual students worldwide. For the first time, a cogent and verifiable means of confirmation of spiritual reality is provided via an objective, reduplicative method of measurement, based on physiologically derived clinical evidence.

The Eye of the I: From Which Nothing is Hidden Details

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Angela Meyer says

warning, reading this may induce states of bliss so strong all motivation to "do" anything is lost.

Jude Justin says

This is the first book I've ever read that reflects my first hand experience. David Hawkins expresses the profound depth of the inner mystical sanctum of human experience that has mostly been untranslatable. For genuine truth seekers and those who are compelled to experiment with life experience in order to gain deeper comprehension of what it means to be a human being, The Eye of the I offers support, clarity, and camaraderie, which is comforting.

That being said, Hawkins other aim is to present a theory of expanding human consciousness and awareness, or, evolution of the human spirit within the material plane, which he feels he has proven through extensive experiments using Kinesiology. He explains in great detail the stages of evolution upon the planet at the current time and presents a very optimistic illustration of the future as the balance of evolved humans (as compared to those who are not so evolved) is recently approaching a majority number on the face of our planet. That is the gist of his theory. I find the theory very interesting although I have no opinion about whether it is accurate or not. Some years ago I did experiment with Kinesiology and found that 99% of the time the outcomes of queries were accurate, however, I have not practiced this method as extensively as Hawkins describes so I cannot judge his results - but it is a very interesting premise.

Although I don't necessarily subscribe to his treatise regarding evolution, I would say that he is definitely operating from a high awareness that reflects an enormous capacity for compassion and understanding of the inner spiritual human condition. I very much appreciated this particular book, more than Power vs. Force, as there was so much more I was able to relate to and it substantiated many of my own conclusions based on my experience. I highly recommend this to any truth seeker and would suggest to keep an open mind for as much as we may be similar, we may be different.

Amanda Haataia says

Life Changing

This modest little book has incredible amounts of wisdom. As a result of reading this book, my everyday language and experience has changed and evolved.

If you find yourself lucky enough to come across this book in this moment, give a little thanks to the Universe.

Lee Sinclair says

This is the second book in a three-book series. I really liked the first one, Power vs. Force, but don't feel this one adds that much to one's understanding. In fact, the writing simply wasn't as good. It lost its clarity, and I often struggled to understand exactly what he was trying to say. I've read enough books about the topics broached in this book and am familiar with the basics of quantum physics and kinesiology so that I can usually understand new concepts based on these things. And I had no problems following what he said in the first book. So it makes me wonder what happened with this book which made it lose the clarity of the first book.

If I wasn't comparing it to the first book, I'd probably rate this as a 3 star book because it did discuss and expand upon many of the truly interesting ideas in the first book. By why read this one when you can get most of the information from the first one, in a much easier-to-understand form?

The irony is that using his own method for measuring absolute truth, he rates this book higher than the first book. Maybe it is, but it's not much help if you have trouble understanding the truth he's trying to share.

Frank Corriveau says

Thought-provoking, interesting, insightful and definitely spiritual. I'm not sure I understand 100 % of the ideology and beliefs behind his studies and theories, but I did get something out of the book.

Fred says

Not an easy read.

Charmin says

Highlights:

1. The way out of conflict is not to try to eliminate the negative but instead to choose and adopt the positive. To view that one's mission in life is to understand rather than to judge automatically resolves moral dilemmas.

Meaning is defined by context which determines motive. It is the motive that establishes spiritual value.

2. Opinions are dangerous to their owners because they are emotionally charged triggers for the dissent, strife, argument, and positionality.

3. Attitude: The primary quality is one of attitude in that one looks at life not as a place to acquire gain, but as an opportunity for learning, which abounds even the smallest of life's details.

4. Willingness—It means letting go of resistance and finding joy of going one hundred and one percent.

5. Acceptance—everything serves a purpose.

6. The joy that follows facing any spiritual fear comes from the discovery that it was merely an illusion without basis or reality.
7. Faith and belief are necessary to start a journey, but verifiable knowledge is necessary to complete it.
8. When one's attitude towards everything becomes a devotion, Divinity reveals itself.
9. The secret of success is to choose one concept or spiritual tool and pursue it with intensity, non-stop, to its ultimate end.
10. Physical Death: The freedom to choose is present. Salvation is assisted by devotion to spiritual truth and its teachers. The mercy of God is infinite and unconditional. The soul alone has the power to determine its own fate. Each soul is attracted to the appropriate level with absolute precision.

Travis says

A book that covers how the ego works.

Mark Austin says

- ★ - Most books with this rating I never finish and so don't make this list. This one I probably started speed-reading to get it over with.
- ★★ - Average. Wasn't terrible, but not a lot to recommend it. Probably skimmed parts of it.
- ★★★ - Decent. A few good ideas, well-written passages, interesting characters, or the like.
- ★★★★ - Good. This one had parts that inspired me, impressed me, made me laugh out loud, made me think - it got positive reactions and most of the rest of it was pretty decent too.
- ★★★★★ - Amazing. This is the best I've read of its genre, the ones I hold on to so I can re-read them and/or loan them out to people looking for a great book. The best of these change the way I look at the world and operate within it.

Marta Vila says

Siempre es enriquecedor salir de la perspectiva habitual y cuestionarse nuestros puntos de vista. Esto es lo que consigue este libro. Está centrado en la espiritualidad (que no en la religión) como camino de vida y no es una lectura fácil (de hecho, puede ser muy desafiante). Es recomendable empezar con Poder VS Fuerza, que contiene las ideas principales que aquí se desarrollan y profundizan. David R. Hawkins transmite paz.

Dale says

You have to read his Power vs Force before this one. Here's are some excerpts:

"The true source of joy and happiness is the realization of one's existence in this very moment. The source of

pleasure always comes from within, even though it is occasioned by some external event or acquisition. In any one instant of time, no such thing as a problem can exist. Unhappiness arises from going beyond the reality of the Now and creating a story out of the past or the future which, because neither exists, has no reality."

"In the presence of God, all suffering ceases. One has returned to one's Source, which is not different from one's own Self. It is as though one had forgotten and now awakened from a dream. All fears are revealed to be groundless; all worries are foolish imaginings. There is no future to fear or past to regret. There is no errant ego/self to admonish or correct. There is nothing that needs changing or bettering. There is nothing about which to feel ashamed or guilty. There is no 'other' from which one can be separated. No loss is possible. Nothing needs to be done, no effort is required, and one is free from the endless tug of desire and want."

Mihai Cotea says

Dacă în primul volum al seriei Putere versus forță, autorul ne familiarizează cu cercetările care au format obiectul studiilor sale de-a lungul a foarte multă ani, în Ochiul Sinelui, Hawkins trece la acuzație. Într-o parte, cum se spune pe la noi, prin Ardeal.

Cum spunea și David Hawkins, „într-o societate a orbilor, un protestatar care vede lumina este considerat un non-patriot, un iconoclast sau un laic? și, cu certitudine, o amenințare la adresa status quo-ului”. La ce sunt bune etichetele minții dacă nu la împlântare și clasificare? (La arhivarea sufletelor în pseudo-sertare). O etichetă folosită de mii de ani este cea a personalului, despre care autorul a vorbit foarte lucid în carte (vezi foto de mai sus). Dacă am exersat umilință mai des, poate că am ajunge să mulțumim mai mult și să dormă și celorlăți din ceea ce sinele (eul) crede că sunt. Un exemplu bun, în acest caz, este însăși autorul, care, trecând peste eu am, ignorând negația (care nu este altceva decât o altă față? a lui eu am, cu un „n” în față?) și ajungând la dău (fără „eu”, a se observa), a parcurs un drum frumos spre această drăguțire a celor din volum.

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Linda says

Very deep. You almost have to read Power Vs Force first to understand it. It makes you think and re-evaluate how you perceive living your life. It shows practical reasons for avoiding the negative bad things of this world (things that make you go weak) and embrace all good, positive and uplifting things (things that make you go strong). You almost feel silly for letting petty annoyances get to you after you read and embrace the teachings in this book. Take your time, though. It is definitely NOT a quick read.

Tim Kreider says

A powerful book that challenges you to look at faith, your spiritual path and the foundations of what you believe, do and why.

littlelaura says

I found this book a deeper read than most. You need to study it, take your time reading and contemplating before moving on. That's what is also so wonderful about it, that it does encourage you to open your mind, it makes you think on a more deeper spiritual level and cosmic understanding of the universe at large, as well as what your place and purpose is within it. I really liked this book and plan to read more from this author.
