



The Daily Writer: 366 Meditations To Cultivate A Productive And Meaningful Writing Life

Fred White

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Make Writing a Part of Your Daily Routine

It isn't always easy to carve out time to devote meaningful thought and energy to your writing. Hectic schedules, distractions, and creative blocks all too often interrupt the dream - postpone it for another day.

But with 366 provocative entries - each addressing a specific facet of the writing craft, and accompanied by an in-depth reflection and a stimulating exercise - *The Daily Writer* provides you with easy entry points into that elusive space where words matter most and helps you to embrace writing as a way of seeing the world.

Whether you're looking for a way to better integrate writing into your life, get warmed up before you dive into a bigger work in progress, or overcome an old case of writer's block, *The Daily Writer* can help you establish and maintain an inspired devotion to the craft.

The Daily Writer: 366 Meditations To Cultivate A Productive And Meaningful Writing Life Details

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Tammy Hopkinson says

I love this book because it allows your creative side to come out. It allows your mind to work and bring what you think alive into a mind blowing story that adds excitement to anything that you may write. My sister gave this to me last Christmas, and I truly enjoy everything about this book.

Melissa says

I love, love, love this book! Wonderful meditations and inspirations on "the writing life." I began reading it in July, so started on page 192, for July 8. Now I'm circling back around to the beginning ... page 17, for January 15.

Vanessa says

This is sitting next to our coffee machine at work, and so every day, when I go get my afternoon java, I read a page of it while it's brewing. This, like many things of its type, has meditations that are more helpful than others, but that lies inasmuch in its universal inclusion as it does in the book itself-- in other words, there's something for everyone, but not everything is for everyone. Clear as mud? Great!

In any case, it has useful ideas, and it certainly gets me thinking -- one of the meditations is about archetypes, and mentions the universal mother -- both fertility force, and destructive *magna mater*, and made me think about how those things work within the context of my own work in progress.

It's a fun, daily little read, and I don't bother reading in order. The beauty of these things is that they don't have to be read in order to be useful.

Mike Shaw says

I have owned The Daily Writer for over a year. I continue to learn about the skill sets of writing and authors style and mindset. Recently I have taken the day to day work to heart. There is a lot to learn about life, even without the writing instruction. My mornings are spent with The Daily Writer and The Free Dictionary. Combined, I have plenty of material to practice. Encouragement is the word that streams to me, everyday I delve into The Daily Writer.

★ gwiz ★ says

Got hints and insights and have a whole bunch of notes to being a writer and for all types of writing that has been helpful.

emm says

I discovered this at the library earlier and decided to give it a try. It's a day to day style (which I like). I began on July 12 and it suggests to read your writing out loud... I look forward to July 12, 2016 to see what I've accomplished.

I gave this book two stars because I did not keep up with it and not because it was bad. I just kept missing days and towards the end I realized this was not the writer's aide for me... I honestly accomplished nothing with this book and that's because I could not keep up.

Samantha Wade says

I'm taking this book a little at a time. Unfortunately, I don't have the time of day to write as much as it suggests. I make time to write as much as possible, but I can't do one exercise a day. I also didn't start January 1st as it suggests, and it includes February 29th for a leap year. I really don't know if they author really expects the readers to follow it like this, but I certainly don't, and I'm loving it anyway. It exercises the writer to work in different forms and techniques, but still with the own writer's free-will.

Mary Brace says

Short little daily reads about writing. Some I liked, some just made me shrug my shoulders because I felt they didn't pertain to me. Others may find what I didn't like useful though. I found some very good quotes.

Mel says

I feel that this book could be very useful to a young person, say around age 12. I mean no disrespect when I say this. But having done so, I also feel that if you need this kind of advice as a grown-ass human, then whether or not you're motivated to write is the least of your problems.

Adrienne says

This was a pleasant read with a short entry-a-day style which was perfect for my difficulty in focusing as of late. It also had some really great ideas for me to step up my writing, and it also opened my eyes to the fact

that it's okay to have several works-in-progress, that you don't have to be completely dedicated to one manuscript and ignore the others until one is done. I filled the book with post-it-note tabs so I can refer back to my favorite passages and most inspiring entries. Great book, with great ideas and thoughts for reflecting.

Nytetyger says

It was an interesting read, but the author is more aimed at the type of writer who has unlimited time to do some of the DAILY multi-page exercises offered. Some of the insights were great, and some of the daily prompts interesting to contemplate and even complete, but if I had the time to write 5 page essays on the motivations of all the main heroes and villains in what I am currently working on, I'd be doing it. What I had hoped this would be, mainly daily prompts for the days when you are stuck, it was not, at least, not for me.

Nanako Mizushima says

I definitely recommend this little book to anyone who is serious about writing. Keep it by your bed and read it first thing in the morning to get your writing brain started. I've enjoyed all of the "meditations".

Amanda says

I think this book does a great job at giving useful and creative prompts to hone your writing skills. I would say it would probably be more useful if you are writing fiction. As someone who only recently delved into fiction writing after doing grant and research writing for so long, it's really been a spark of creativity.

Julie says

If you like learning something new every day, this is the book for you. It's geared towards writers, but any creative soul would probably really like the daily reflections and 'try this' portions.

If you are a writer, one who wants to hone their skills, you'll probably have a hard time only reading one page a day!

Jessica Maybury says

Nice collection of daily meditations and writing prompts.
