



The Divine Guide to Creating a Daily Writing Practice

Pernille Norregaard

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For years Pernille Norregaard struggled as a writer looking for the key to consistency. When she finally broke the code she developed the writing practice that helped her write 13 books and a couple of screenplays in less than a decade. Now, she shares her insights and methods in this short and practical guide.

The Divine Guide to Creating a Daily Writing Practice will not only show you how to find more time to write in your life, but also help you put your writing time to good use, deal with the fear and limiting beliefs that holds you back, and give you a strategy to stick with your writing routine.

No matter what you dream of write developing a consistent practice is key. This book will take you on a journey of exploring and challenging the obstacles and beliefs that are holding you back. Get ready to find a new and profound joy in your writing practice.

The Divine Guide to Creating a Daily Writing Practice Details

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From Reader Review The Divine Guide to Creating a Daily Writing Practice for online ebook

Michelle says

Very inspiring!

His book discusses some of the typical struggles that I have encountered in my desire to pursue a career in writing. I always have an excuse for myself to get started or be consistent. After reading this book, I found new inspiration and got started right afterward putting her ideas in motion: found my “peak,” scheduled writing time and setting deadlines—among other things.

Awesome! I would recommend this read for anyone who has a passion for writing, but is finding it difficult to start or finish their project of interest.

Laura Sansom says

Summary of writing practices in one place

The content is about structuring a writing schedule and reads very well as it's explained in simple terms. It's nothing more than the advice given to wannabe and current writers from other resources such as blogs, magazines and other guides on writing but it's done with ease. Yet it still somehow has a feel that Pernille is mentoring you through processes that might well lead to your future success.

Jennifer says

Worth reading and re-reading

This book was well written. It had a clear authors voice and everything that was said was simple and on point to the topic. I enjoyed the quotes and found a few helpful quotes in what the writer said too. Definitely worth reading and re-reading later on.

Kyle Warner says

A little ebook full of simple and useful advice to help writers better guard and take advantage of their writing time.

Alice says

The Divine Guide to Creating a Daily Writing Practice

I read this book in one sitting and found some practical advice that I will be implementing today. I am looking forward to tracking my progress and testing the techniques I learned in reading this book.

If you need motivation and ideas on keeping yourself on track, please read this book and give what you learn a try.

A. Gregerson

Tiffany says

The Kindle version of this book was free from Amazon, although now I feel like I should send the author some money for her hard work. She explained her ideas very well. She was encouraging. She also has her own unique writing style.

I have been writing on an almost daily basis. I'm surprised to see what comes out of my subconscious and onto a blank page. I also enjoyed the quotes she included from well-known authors. I would consider reading her other books.

Ivie says

I got this book free on kindle. I figured it was worth a shot. I won't say I regret reading it or that it wasn't any help because that wouldn't be true. I just feel like it wasn't what I had hoped. Some of the advice seems selfish. It also made it seem like writing will be a chore, but you have to do it. The book felt like a promotion for the writer's website, which isn't bad, but I wasn't interested.

Then we have the talk about apps that keep you off the internet, but costs \$25. Sorry, but self control and airplane mode are all you need. And that's free. ? There were good tips about goals, but not enough to outweigh the other stuff. Writing should not be put above family, okay? Your family should understand that you have goals. They'll respect that. (Unless you have a terrible family. I don't know what to say about that.)

So, it's a free book and not terrible, but I don't think it's necessary, either

Mary Elizabeth says

Written in a no-nonsense and informative narrative, Pernille Norregaard has created a simple and easy writing self-help guide that may as well be used to any writer facing writer's block or procrastination. After completing this book, I found myself mentally transforming my non-existent or amateur writing routine, to one that is as easy as 90 minutes a day. However, Norregaard's advice and tips are average, meaning that the content is repeated from self-help writing book to the next, but she cannot be blamed for that: most self-help writers have to deal with this fact. Apart from this "The Divine Guide to Creating a Daily Writing Practice" is an excellent book that will help many.

Rose says

Review to come tomorrow. Read this in about 30 minutes, but very thorough guide to the writing process and forming habits. Probably about 3.5 stars overall.

C.A. Edwards says

A very quick read for when you need a little refresher on how to keep yourself writing. The information is nothing different than what you will find on several blogs on writing. In fact, I know I have written a blog the topic of finding time to write. For a moment, I thought I was reading my own blog post. Obviously, I agree with the author.

The section I appreciated the most was on fear. Who doesn't struggle with that little voice in your head that keeps you from your goals?

If you're just getting started in writing and are looking for a short and friendly book to help you set some goals and routines, this is the book for you.

Kaly Roda says

4 stars

Pernille Norregaard knows what it takes to be a writer - and how frustrating and grueling it can be.

In this short ebook, she offers good, solid and easy-to-follow advice for those of us who struggle to set and stick with a writing practice of any kind.

Yeah, but what makes this one stand out from all the other writing advice guides? I hear you say, imaginary reader. The truth is that it doesn't push you into a one-way, must-follow plan - Norregaard talks about her experience as a writer and how you can shape yourself (your behaviour, mindset, habits, whatever) to properly create a routine. Most of these tips can be interpreted and carried out in different ways by different people with different lifestyles. A guide should, first of all, be versatile, so it can connect with as many readers as possible. This is definitely a plus for this ebook.

Another aspect that this guide successfully avoids (which I absolutely abhor in self-help/motivational books) is the usually excessive length. Some guides go on and on about its steps and all the little variants and nuances of it. Which is can be helpful, but many times becomes just boring. On the other hand, Norregaard just gives you the core of her advice. You can grow it from there - however it might best suit your life.

Some of the pointers in this book may seem so obvious that they're almost irrelevant to mention. But as many writers know, sometimes you need to state the facts so people can really let the information sink in.

All in all, a great, very helpful book for those who struggle to commit to their writing schedule!

Ateana says

a nice reminder that if we want to write, we need to make space for it/focus on doing the thing, but beyond that, very little substance. I guess it's more useful to people with a family, to remind them that writing isn't just a stupid hobby and they are allowed to ask for quiet time to sit and write.

A.M. says

This is a free book on writing by a Danish ghostwriter.

I can tell you right now: it will never be perfect. And you always, always find a typo the second you push the publish button or on the first page you flip open to when your book arrives fresh from the printers. It must be some weird natural law scientists haven't studied yet. (Kindle Locations 365-368).

I read this and moments later saw Natasha Lester complain about finding a typo in a new book. It really is an unrecognised natural law. Typo's law?

Failure is okay. It's the not trying that will mess up your life and rob you of your happiness. (Kindle Location 507).

Limiting beliefs are a big issue for me. I tell myself I can't write when I know this week my hits on fanfiction.net passed a total of 10 million. It's irrational.

'Know your why' is something I've heard Tim Grahl say before.

This is a good quick read and, in conjunction with her website, has a lot of great advice.

I really like the down-loadable manifesto. Nice...

Go check it out.

<http://thedinewriter.com/>

4 stars

Hazel McNellis says

Die Inhaltsbeschreibung las sich bei diesem kostenlosen E-Book durchaus interessant. Welcher Autor denkt nicht darüber nach, mehr oder regelmäßiger / konstant täglich zu schreiben? Ich für meinen Teil hatte aufgrund des Titels und der Beschreibung gehofft, hilfreiche Tipps zu bekommen, um eine vernünftige Schreibroutine zu etablieren. Das habe ich aktuell nämlich noch nicht wirklich für meine eigenen Projekte. ??

Beim Lesen zeigte sich aber, dass das Buch mit seinem rund 50 Seiten wenig Neues - für mich - bereithält. Das Gute ist, dass das Buch die wesentlichen Tipps in sich vereint. Diese Tipps (z.B. wie hinderlich Perfektionsanspruch oder Prokrastination sind) sind kurz und knapp auf dem Punkt gebracht. Einerseits ist es gut, dass alles so komprimiert aufgeführt wird. Andererseits fand ich diese Kürze nicht so zufriedenstellend.

Wie gesagt, viel Neues offenbarte es nicht. Außerdem fand ich es unnötig und eher störend, dass an mehreren Stellen zur Website verlinkt und quasi Werbung betrieben wurde. Das passte nicht, finde ich. Ansonsten fand ich es aber sehr gut verständlich und angenehm zu lesen. Wer gerade erst am Anfang der Entwicklung steht, findet in diesem Büchlein auf jeden Fall hilfreiche Tipps zum Entwickeln einer täglichen Routine, denke ich. ??

Sarah says

A short - 20-minutes or so - read, with some good, friendly advice about starting a daily writing routine. Nothing groundbreaking, but nicely motivational :)
