



The Complete Herbal Tutor: A Structured Course to Achieve Professional Expertise

Anne McIntyre

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Herbal medicines have been used for many centuries to treat illnesses and restore health, and today herbalism still remains the most widely-practiced form of medicine around the world.

Written by a leading Medical Herbalist, *The Complete Herbal Tutor* provides in-depth knowledge of the practice and theory of herbal medicine, including everything you need to know about its history, how it works, how to grow, gather and prepare herbs, and how to use them to create a herbal prescription.

The rigorously-researched and illustrated materia medica contains over 150 herbs, with clear explanations of their properties, active ingredients and the latest scientific developments on their uses.
There is also a clear explanation of how herbs can be used to treat each of the body's systems, with advice on using remedies for healing a range of specific conditions.

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Sarah Belle says

This book was an invaluable resource during my herbal medicine course. I love how the author incorporates western herbs with her knowledge of Ayurveda. Clear, concise overview of the body systems with helpful pictures--not to mention interesting information on the many different healing systems practiced throughout the world!

Lanigan Vitaceae says

A wonderful overview of working with herbs for yourself and how to initiate working with herbs for others.
