



GROWING *into* GRACE

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Daily Love: Growing into Grace

Mastin Kipp

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Turn trauma into power.

To be human is to be in crisis. From our first breath, we trade the warm, loving embrace of the womb for the harsh realities of a situation we can't possibly control. We seek solace from our suffering and look for wisdom outside the confines of dogma, but soon we're drowning in vague spiritual lingo—intention, higher self, attraction, vibration—that's poetry at best and manipulation at worst. We become so stuffed up with ideas of what is spiritual—doing vinyasas, attending seminars, being vegan—that we leave no room for Grace, that uncontrollable, benevolent power that wants to enter the world through and as you.

For Grace to unfurl in your life, you need to shake your foundations so the soil loosens, allowing devastating catastrophes to become wondrous opportunities. Spirituality isn't about averting crises; it's about making the cycle from crisis to Grace a little less bumpy. By identifying the patterns in your life, you'll be able to figure out how to relax, find your power, learn from your difficulties, and allow Grace to enter.

Mastin Kipp knows a thing or two about the crisis-to-Grace cycle. In a matter of weeks, he went from being a hard-partying, 21-year-old vice president at a Hollywood record company to an unemployed, drug-addicted college dropout living in the tiny pool house of his ex-girlfriend's parents. From rock bottom, he began his spiritual journey, learning from teachers like Tony Robbins, Joseph Campbell, and Caroline Myss, and his message of self-acceptance and service grew into his popular website, TheDailyLove.com. He offers no fancy degrees, just his life and his scars, which form a roadmap to help guide you through the uncertainty that lies ahead, marking where the cliffs are slippery, where the sun burns hot—and where Grace blossoms.

Daily Love: Growing into Grace Details

Date : Published September 9th 2014 by Hay House (first published May 13th 2014)

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From Reader Review Daily Love: Growing into Grace for online ebook

Mel says

More of a memoir...

Rebecca Tolley says

Too much humblebrag.

Jennifer says

Good to read if you want to hear about his story, but it isn't the kind of book to read if your hoping to really learn something or gain some deeper insight. He references books and people who have helped him on his journey a lot and references their work (like Caroline Myss-- a lot). I guess that is something that I liked more about a book like "Spirit Junkie" or "Eat Pray Love" versus this: Spirit Junkie had actual practical steps to take with the story to make me feel like I gained something. Even a memoir Eat Pray Love helped revel more depth about myself through her story -- it hit something. This just kind of like a "this was my journey, these are all the celebrities I worked with, and these are the lessons I learned" basically. It kinda falls flat to me. But, then again, I'm not a regular follower of Mastin anyway. I just check out his work occasionally.

Laura says

The Daily Love was an enjoyable read. I was expecting it to be more of a “how to” type book, but was surprised to find out it was more of a personal account of the author, Mastin Kipp’s, story, and how he came to create The Daily Love. There was a lot of encouraging information within this story, although, it was nothing I hadn’t read before in other more enlightening books I’ve read.

Overall, this was a good read, but nothing spectacular.

Gaillio Licmo says

It felt like one of those you had to be there stories. The way he described his life lessons was spit on to a page, and he could have maybe been more relatable. Like talking to one of those people who talks about themselves to themselves..

Struggled to read the first 11 chapters, although there were some good moments. I completely felt ripped off as I read the 12th chapter. I felt like I could have skipped the story and just read the last chapter where the summary of his life began.

Felt like a condensed blog post..

Kaye says

Mostly memoir, little prescription on how to have a more meaningful and fulfilling life. I can imagine that Kipp must be much, much better to hear in person than he is to read. I found his writing voice painful, but evidently, many people like it because he has made his new-found fortune from blogging. But, one person's meat is another man's poison. His overall message is decent.

Katherine says

Disappointing. I was left feeling that he's trying to teach lessons that he hasn't truly learned yet, there was no real wisdom here. I'm also getting fed up with the whole second generation "guru" industry sending the message that persuading people to buy into their online coaching programs equates to "service" - no. I'd second the reviewer who described it as "humblebrag," by the end I was annoyed with myself for wasting my time on it.

Miranda Kate says

I really enjoyed this novel, but then as an avid follower of Mastin Kipp I suspected I would. He takes us through his own awakening and journey, and provides the reader with tips and tricks upon the way. I know his return to religion is part of his journey, but as an agnostic this was the only part that I felt uncomfortable with. I understand the premise, and I thought Mastin explained the 'Jesus Consciousness' well, but I felt from that point on, the message for those on their own journey had become religious based. However, it didn't put me off considering Mastin Kipp a huge inspiration and mentor on my own journey.

Gina Heron says

As a current student of Mastin's, I loved this read. He's inspired me so much, and is so genuinely engaged in helping others find their purpose, power, and success. Highly recommend this read, and any opportunities to work with him!

Beth says

[Note: This review was originally posted to my blog: <https://goo.gl/XH9AvZ>]

Mastin Kipp's book *Daily Love: Growing Into Grace* (published September 9, 2014) is an offshoot of his The Daily Love Twitter feed and YouTube videos (since 2014, Kipp has re-branded under his name). The book is part memoir, part self-help book, and details Kipp's life as he moved toward a recognition of Divine Grace (he calls this the journey "from crisis to Grace").

Kipp, a Kansas native, moved to Los Angeles with the hope of pursuing a music management career. He was successful, but his addictions to drugs, computers, food, and women led him to continually self-sabotage. He suffered a major breakdown, and, as he worked to overcome his addictions and rebuild his life, he started The Daily Love, a website, email list, and Twitter feed (and eventually YouTube videos) that provided inspirational material. The Daily Love, much to his surprise, continued to grow, and Kipp recounts the ups and downs he experienced. Eventually, Kipp formed relationships with many self-help luminaries, particularly Tony Robbins, and his work was featured on Oprah Winfrey's Super Soul Sunday.

I was personally drawn to Kipp's upbeat attitude and his realistic advice—he is very revelatory, almost to the point of giving the reader too much information. I respect his fearlessness in putting all of this out there, however, and how open he is about his personal failures. Kipp's message is that we need to realize that we are perfect in God's eyes, but that we are responsible for taking action, for being willing to screw up and start over, and to find grace where in the past we would have only seen disaster.

Source: ARC from the publisher via NetGalley

Britt Cochran says

Mastin Kipp was brought into my life about a year ago, when my cousin and I first discovered we were on a similar spiritual path. How on earth I had a gone so long without hearing of him and “The Daily Love” is beyond me! “Check him out” he said “ You'll like him, he spreads love to everyone daily”. Sign me up! Fast-forward a year, or I guess you could say 365 days of getting love, and what do you find? You find a supporter who was super eager to read his book. The moment Hay House cast out the line of opportunity to read it for review, you can guarantee I took the bait!

Mastin Kipp

For those of you not familiar with The Daily Love, I highly recommend you check it! It provides you with daily inspiration of light and love through quotes, videos, and other outlets. Mastin Kipp, the creator has a dynamic personal story and is not afraid to invite you into each and every depth of it.

As a former drug and relationship addict, he found his life falling apart. His dream career in the music industry was swept out right under his feet after his addiction and life style choices started to get the best of him. This story outlines his journey from Hollywood, his stops in between and then finally to @thedailylove. So often I find myself diving into researching the lives of my role models, for example Gabby Bernstein, Deepak Chopra, Alan Cohen, Kris Carr, to find out what inspired them, what steps they took to get where they are today. Growing into Grace is exactly that, which is what I loved about this book.

Mastin takes the time to introduce to us each of the key players, concepts and moments that shaped who he is today. Many of which were things that really resonated with me and can be seen quoted and outlined in my own personal journal. Some of them include:

The chakras: The “butt chakra” and how it is connected to your tribe.

“What would I do if I didn't need the approval of the music business?” Can't we all relate to this? What would we do if we didn't need the approval of the people and things around us... A great thought to ponder.

“The quality of life is the quality of your relationship to uncertainty.”- Tony Robbins

“Once we accept our humanness, the soul naturally shines through.”-Mastin Kipp

While I really enjoyed learning about his journey, I did find myself having difficulty in completing the book after I was about 80% through due to a lot of repetition.

Overall, I found Mastin's book to be helpful and a potentially great guide to those beginning their spiritual path, and those who are rebuilding their lives. Mastin is a great mentor and one I hope more men and women become familiar with.

*FTC Disclosure: I received this book for free from Hay House Publishing for this review. The opinion in this review is unbiased and reflects my honest judgment of the product.

Michele says

I'd give this a 3.5, if possible. I appreciate the depth of vulnerability Mastin goes to in sharing his story. His true concern and compassion for his readers is evident. Parts of this were quite inspirational, so it definitely succeeds as a self-help text. That said, the writing/word snob in me comes out, and I find his writing style, at times, grating. He writes very conversationally, with the same lack of editing that spontaneous speech has. That is, lots of italics and superfluous words. As a reader, I have a lot more respect for "tighter" writing. Overall, I found it worthwhile and think it will accomplish its mission of spreading his message and inspiring a few, probably those who are already subscribers of TDL.

Jennifer Kerrigan says

This book was good but not great for me. A lot of great advice but then towards the end he kind of lost me because it was a lot about his girlfriend and it kind of carried on longer then it should have. It was more of his personal story but what he wanted you to learn from it.. I did take a lot of notes I just don't know if at the end I felt inspired. I was more inspired in the beginning to the middle and then the end seemed like a lot about himself and his feelings.

Karrie says

Completely Transformational! I immediately read it again!!

Kevin says

Quick easy read. Nice memoir about Mastin's evolution, reaching for enlightenment, and appreciation for deeper, meaningful life. He really caught me in mentioning my hero's - Caroline Myss and Joseph Campbell.
